



FAIRFAX - FALLS CHURCH

# Community Services Board

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## **Behavioral Health Oversight Committee**

Merrifield Center  
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031  
Level 1 - Room 308 A/B, West

**Wednesday, November 7, 2018**  
**5:00 p.m.**

### ***AGENDA***

1. Meeting Called to Order 5:00 p.m.
  - Gary Ambrose
2. Opening Remarks/Introductions
3. Acceptance of the October 10, 2018 Committee Meeting Notes
4. Associate Member Reports, Updates, and Concerns
5. Matters of the Public
6. Associate Member Presentation
7. Staff Report
8. Adjournment

## **Behavioral Health Oversight Committee Meeting Notes**

**Date:** October 10, 2018

**Location:** Merrifield Center, First Floor, Room 1-308 A/B, West

**Board and Associate Members:** Chair, Gary Ambrose; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; CSB Board Chair Suzette Kern; CSB Board Member Diane Tuininga; Terry Atkinson, Gartlan Center Adv. Bd.; Peter Clark, No. VA. Mental Health Foundation; Lisa Goodwin, RPSV Recovery Program Solutions of VA; Wendy Gradison, PRS, Inc.; Lisa Jackson Wardlaw, Community Residences, Inc.; Amy Rushton, Dominion Hospital; Bill Taylor, Concerned Fairfax; Eleanor Vincent, Pathway Homes

**Staff:** Lyn Tomlinson, Deputy Dir. Clinical Services; Mark Blackwell, Director Office of Consumer and Family Affairs; Jean Post, Northern Virginia Regional Projects Office

| Topic   | Action  | Responsible Party | Due Date |
|---|---|-------------------|----------|
| Meeting Call to Order                           | Meeting was called to order at 5:00 p.m.  | Gary Ambrose      |          |
| Opening Remarks Announcements                   | Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.  |                   |          |
| Meeting Notes                                   | Draft notes of the September 12, 2018 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, the notes were accepted as presented.  | Committee Members |          |
| Associate Member Reports, Updates, and Concerns | <ul style="list-style-type: none"> <li>• Peter Clark, offered a reminder of the upcoming Wellness Conference, October 12, 2018, beginning at 8:00 AM at the Government Center. Noting there are 213 people registered, tickets are still available to the event, reported to be an exceptional program.</li> <li>• Amy Rushton reported continued growth of the school refusal program, encouraging a visit and a ‘like’ on their Facebook page.</li> <li>• Wendy Gradison noted satisfaction with the press coverage of the Month of Suicide Awareness last month, particularly in the Connections Newspapers</li> <li>• Lisa Goodwin provided a flyer for RPSV that provides some information on the agency and services, encouraging a visit to the agency website that is noted on the flyer. Additionally, Ms. Goodwin provided information on the Holiday Dinners provided at the Recovery Centers.</li> <li>• Bill Taylor reported a successful NAMI Northern Virginia Walk on September 21, 2018.</li> <li>• Terry Atkinson, reported on the October 9, 2018 Gartlan Advisory Board meeting, noted an excellent presentation by Jeanne Comeau (NAMI) on HIPAA limitations and value.</li> </ul> | Associate Members |          |

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|---|---|-------------------|----------|
|   | <ul style="list-style-type: none"> <li>• Eleanor Vincent encouraged attendance at the Help the Homeless 5K Walk on Saturday, October 20, 2018 in Fairfax City, noting that more information is available on the agency website.</li> </ul>  |                   |          |
| Matters of the Public                           | None were presented   |                   |          |
| Presentation & Discussion<br>Medicaid Expansion | <p>Lyn Tomlinson distributed a handout on Medicaid Expansion and the subsequent revenue shortfall that is anticipated. Noting the welcome implementation of Medicaid Expansion, Ms. Tomlinson highlighted some information including:</p> <ul style="list-style-type: none"> <li>• CSBs statewide will absorb \$1.6M of the planned \$11M reduction in FY 2019 and will absorb an additional \$4.3M of the planned \$25M statewide reduction.</li> <li>• Unknowns include:               <ul style="list-style-type: none"> <li>○ Possible state assistance to address the anticipated shortfall.</li> <li>○ The number of persons who will enroll in Medicaid.</li> <li>○ It is anticipated that the total revenue generated in FY 2019, requiring a 100% recapture rate, will be \$915K, emphasizing that a 100% recapture rate is highly unlikely.</li> </ul> </li> <li>• Noting some concern with the methodology used by DBHDS (Department of Behavioral Health and Developmental Services) to determine the amounts of the reductions, the following highlights were provided:               <ul style="list-style-type: none"> <li>○ DBHDS estimated eligibility without consideration of the individual's income, noting that income must be less than 138% of the federal poverty level.</li> <li>○ Enrollment efforts include increasing public knowledge on the changes to Medicaid and the implementation of Medicaid Expansion. Additionally, eligible individuals are encouraged to enroll, with efforts including hosting enrollment events on CSB sites.</li> </ul> </li> <li>• Another change to Medicaid coverage is ARTS (Addiction Recovery Treatment Services), a licensed service that provides substance use disorder treatment. Significantly challenging requirements for ARTS include a required medical assessment that must be provided within 24 hours and a requirement that services must now be provided by licensed/licensed eligible staff, noting the ongoing challenges in recruitment, retention, and rate of pay.</li> <li>• Jean Post reported ARTS concerns of CSBs statewide were discussed at the October VACSB Conference, noting that further discussion of ARTS, STEP-VA, and Medicaid Expansion general fund</li> </ul> | Staff             |          |

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|               | <p>reductions were scheduled at the October Regional Management Group, attended by CSB Executive Directors across the Northern VA Region.</p> <ul style="list-style-type: none"> <li>• Ms. Tomlinson will provide further information regarding the impact of Medicaid Expansion on eligibility of individuals receiving case management services.</li> </ul> <p>Suzette Kern provided an update to the recent CSB Board Member Retreat, noting a new Board initiative to connect with community partners soliciting feedback on the CSB. To support this initiative, an Ad Hoc Committee will be established to format communication and identified goals. Ms. Kern asked that recommendations and suggestions be emailed to her at <a href="mailto:Suzette.Kern@gmail.com">Suzette.Kern@gmail.com</a> until the committee is established. Ms. Tomlinson confirmed a post-services survey is currently in place and is used to affect changes where needed.</p>   |                   |          |
| Staff Reports | <p>Lyn Tomlinson provided an overview of recent activities, including:</p> <ul style="list-style-type: none"> <li>• A reminder of the successful Recovery Open House in September, with thanks offered for all who attended.</li> <li>• An overview of the MAT (Medication Assisted Treatment) Open House from 12:00 pm. – 2:00 p.m. conducted earlier today, noting the program has moved to a medical office on the Lower Level (Merrifield Center). Also available is Integrated health care for 1.5 days weekly.</li> <li>• There is a current process to streamline paperwork through elimination of duplicative and non-essential documentation, ensuring that regulatory, licensure, human rights, etc. requirements are being followed. Staff will be alerted as efficiencies are identified and paperwork is eliminated.</li> <li>• Proposed changes to CSB fee related documents remain posted for public comment through October 23<sup>rd</sup>.</li> <li>• DBHDS Commissioner, Hughes Melton, is scheduled for a tour of CSB Sites including the Merrifield Center and the Joe and Fredona Gartlan Mental Health Center on Thursday, October 18, 2018.</li> <li>• Attendance at a recent meeting to discuss future uses of the Massey Building located near the Fairfax County Courthouse and Adult Detention Center (ADC).</li> <li>• A recent visit to Middlesex, MA to view their jail-based MAT program that includes a community-based peer program and a fully integrated behavioral and primary health program. Ms. Tomlinson noted this review was of particular value as the city demographics are very similar to Fairfax County offering tremendous insight into the effectiveness of the combined programs.</li> <li>• Ms. Tomlinson encouraged attendance, if available, at a screening of a film tonight at the Government Center from 7:00 p.m. – 9:00 p.m. The film, <i>Written Off</i>, features the story of a young</li> </ul> |                   |          |

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|             | <p>man with Opioid Use Disorder. If members are interested, but unable to attend this evening's screening, please advise Ms. Tomlinson who will arrange for an additional screening.</p> <p><b>The next BHOC meeting has been moved forward a week to accommodate the holidays to Wednesday, November 7, 2018 at 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B.</b></p> |                        |          |
| Adjournment | There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.  | Gary Ambrose,<br>Chair |          |

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Date Approved

Prepared by Erin Bloom

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