Behavioral Health Oversight Committee

Merrifield Center 8221 Willow Oaks Corporate Drive, Fairfax, VA 22031 Room 3-314, West

Wednesday, October 9, 2019, 5:00 p.m.

AGENDA

1. Meeting Called to Order

5:00 p.m.

- Diane Tuininga
- 2. Opening Remarks, Introductions, and Announcements
- 3. Approval of the September 11, 2019 Committee Meeting Minutes
- 4. Matters of the Public
- 5. Associate Member Reports, Updates, and Concerns
 - State Workforce Development workgroup Eleanor Vincent, Pathway Homes
 - Osher Lifelong Learning Institute at GMU Spring Presentation Bill Taylor, Concerned Fairfax
- 6. Challenge Question Recruitment & Retention of Clinical Staff
 - ServiceSource
- 7. My Strength Presentation
 - Georgia Bachman
- 8. Contract Partner Performance Review form partner feedback
 - Lyn Tomlinson, Georgia Bachman
- 9. Staff Reports
- 10. Adjournment

Date: February 13, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr; CSB Board Chair, Suzette Kern; and CSB Board

Member Diane Tuininga

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Terry Atkinson, Gartlan Advisory Board; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Wendy Gradison, PRS, Inc.; Lisa Jackson-Wardlaw, CRi; Joe Pettit and Bill Taylor, Concerned Fairfax;

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, Director, Employment & Day Services; Michael Lane, Director, Office Individual & Family Affairs; Jean Post, NVRPO; Lyn Tomlinson, Deputy Dir. Clinical Services; Daryl Washington, Executive Director

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:04 p.m.	Gary Ambrose	
Opening Remarks, Introductions, Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Meeting Minutes	Draft minutes of the January 9, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and Concerns	 Gary Ambrose opened the floor to Associate Members, information provided included the following: Lauren Goldschmidt reported a recent expansion to the incentive program for individuals receiving or are eligible to receive TANF (Temporary Assistance for Needy Families). The goal is to locate permanent placement and work experience opportunities. Terry Atkinson announced retirement from the Gartlan Advisory Board, effective this month. The committee was assured a replacement representative would be identified. 	Associate Members	
Matters of the Public	None were presented		
Associate Member Presentation:	James Campbell, Director, provided an overview of the agency, several highlights of which include:	James Campbell	

Topic	Action	Responsible Party	Due Date
Community Systems, Inc. (CSI)	 The population served at CSI are primarily highly complex and challenging, most often with a dual diagnosis. There are approximately 115 individuals being served. The primary funding stream is Medicaid. Individuals mostly reside in 4-person group homes, primarily in apartments. Ratio is no less than 2:4, increasing to 3:4 or 4:4 to provide weekend community activities. Some individuals live alone, acknowledging the challenge of placing some of the highly complex individuals in multiple resident homes. Additional services include the Shared Living program where the individual lives with a non-disabled person or family member who assumes responsibility for the individual. Supports are also provided to individuals with TBI (Traumatic Brain Injury) including individuals in the Wounded Warrior program. Supports include in-home services, Day Support Programming, Special Olympics, employment and volunteering. Referring to the Customized Rate application and renewal process, Mr. Campbell illustrated the difficulty in qualifying or renewing for this program. Plans include expansion into Prince William and Rappahannock. 		
Review of Priority Access to CSB Services	Gary Ambrose provided an overview of the annual process of reviewing the Priority Access to CSB Services policy and guidelines. In addition to establishing a CSB Ad Hoc Priority Populations Guidelines Review Committee, CSB staff internally review and collaborate with the CSB Ad Hoc Committee to apply revisions to the current policy and guidelines. Associate Members will also be offered an opportunity to provide feedback. The forms reviewed include the CSB Board Policy #0030, and the (separately developed) Guidelines for Access to CSB Services, electronic copies of which will be provided.	Gary Ambrose	
Staff Reports	 Lyn Tomlinson provided an overview of recent activities, some highlights of which include: Michael T. Lane, new Office of Individual and Family Affairs Director was introduced following which Mr. Lane offered a brief background. An invitation to attend the Concerned Fairfax meeting on Monday, March 11, 2019 at Merrifield, Room 308C was offered by Bill Taylor. A reminder was offered that the CSB will be celebrating the 50th anniversary with various events throughout the (calendar) year. This includes Cake, (Crudité), & Conversation, an informal opportunity for staff to meet with senior staff preceding one of two monthly Senior Leadership Meetings, noting that a healthier option is also provided. Lucy Caldwell provided an overview of some of the events planned, including: 		

Topic	Action	Responsible Party	Due Date
	May 7, 2019 the Board of Supervisors will recognize the anniversary.		
	 Currently in development is a series of videos highlighting long-time CSB staff. 		
	 OBOT (Office Based Opioid Treatment) services, A Medication Assisted Treatment (MAT) program that is part of ARTS (Addiction Recovery Treatment Services) launched February 4th. Efforts to expand to residential services is ongoing. 		
	 Reporting that there is a program that offers free tax preparation, information will be forwarded to members for further distribution. 		
	 It was reported that the DLA-20 will be launched March 1, 2019, acknowledging the hard work and commitment of the staff that made this possible. 		
	 Efforts are ongoing for streamlining business and clinical efficiencies, emphasizing current efforts to identify unnecessary and/or duplicative forms, noting that 1,000 have been identified for elimination. 		
	 Offering a reminder of the County Strategic Plan, members were encouraged to complete the survey to assist with identification of primary areas of interest. It was noted there ae some scheduled Community Conversations scheduled as well 		
	 Evan Jones, offered a reminder of the Turning Point program and a grant that was awarded to expand the program to include girls, ages 14 to 25, that were at risk of a first psychotic event. Mr. Jones, noting a delay in implementation, reported that the first referrals were accepted this month. 		
	The next meeting is Wednesday, March 13, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West		
		Gary	
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.	Ambrose, Chair	

Date Approved Prepared by Erin Bloom

Date: May 8, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Daria Akers; and CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr;

CSB Board Members Absent: and CSB Board Member Diane Tuininga

Associate Members Present: Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource (SvSc); Wendy Gradison, PRS, Inc.; Heather Peck, Marja-Lee Freeman, and Crystal Edmonds, Laurie Mitchell Empowerment & Career Center (LMECC); Shatara Robertson, Regional Program Services of VA (RPSVA); Eleanor Vincent and Sylisa Lambert-Woodard, Pathway Homes, Inc. (PHI)

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Donna Chittum, Recruiter; Evan Jones, Director Employment & Day Services; Michael T Lane, Director Individual & Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s): Gordon Dean

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:02 p.m.	Gary Ambrose	
	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Opening Remarks	Copies of the recently published Diversion First 2018 Annual Report were distributed; attendees were strongly encouraged to review the report.		
Announcements	Nominations of Associate Members will be offered at the June meeting. Agencies who have not yet replied to the 'interest' email were asked to please do so.		
	Mr. Ambrose offered a reminder that he will be leaving the CSB Board and the Diversion First Stakeholders Group effective July 1, 2019.		
Meeting Minutes	Draft minutes of the April 10, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Captain Basilio 'Sonny' Cachuela Jr made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and	 Gary Ambrose opened the floor to Associate Members, information provided included the following: Wendy Gradison reported that PRS/CrisisLink had received a National Lifeline and SAMHSA (Substance Abuse and Mental Health Services Administration) award that provides funding for five 	Associate Members	

Topic	Action	Responsible Party	Due Date
Concerns	 additional staff to respond to a vast backlog of calls. It is anticipated that most of the calls will be local. Noting that May is Mental Health Awareness Month, Lauren Goldschmidt distributed a flyer publicizing an event at ServiceSource Oakton on Thursday, May 23rd, noting the focus will be on awareness, educations, & conversation. Reporting that there will be a resource table, attendees were encouraged to bring literature for distribution. Eleanor Vincent offered two announcements including: The Pathways Annual Breakfast will be Wednesday, May 22, 8:00 a.m. – 9:30 a.m. at the Waterford at Springfield, 6715 Commerce St Springfield, VA 22150 Prince William County recently awarded Pathway Homes approximately \$2.4M to provide rental assistance to members of the community with intellectual and developmental disabilities. Clarifying that the support services will be provided by Prince William County CSB staff, this award will provide Permanent Supportive Housing for 14 individuals. 		
Matters of the Public	None were presented		
Associate Member Presentations: Laurie Mitchell Empowerment & Career Center (LMECC) And	 Heather Peck provided an overview of employment services provided by the Laurie Mitchell Empowerment and Career Center. Highlights of the presentation included: Employment was defined as the number one intervention for achieving recovery and wellness from mental health, substance use, and justice system involvement. Accomplishments include five job starts in the past month, 51 job/education/volunteer starts in this fiscal year, and approximately 90 educational starts across Virginia. Ms. Peck confirmed this was done with one full-time and one almost full-time staff. Highlighting some literature distributed prior to the presentation, attendees were encouraged to review the literature at their leisure. Additional information of the IPS (Individual Placement and Support) Supported Employment Evidence-based training was provided, noting that training in both practitioner skills and supervisor skills are offered. LMECC was recently awarded approximately \$100K to expand employment supports across the Commonwealth. Marja-Lee Freemen and Crystal Edmonds offered testimonials illustrating the personal and agency 	Heather Peck, Marja-Lee Freemen, and Crystal Edmonds And Eleanor Vincent	

Topic	Action	Responsible Party	Due Date
	impact of the services and training offered by LMECC, as well as the significant impact of LMECC services on individuals in the community.		
Pathway Homes, Inc.	Eleanor Vincent distributed handouts noting the importance of publicizing your agency and the services you provide to the public and to other providers. Following a brief history of the agency, Ms. Vincent provided some additional information, to include:		
	 Pathway Homes, Inc. has several offices in the Counties of Fairfax, Prince William, Loudoun and Arlington, as well as the city of Alexandria in Virginia. Additional offices are in Florida, in the counties of Orange, Osceola, and Seminole. Varied services are provided including Housing, Supportive Services, Housing with Supportive Services, Outreach & Engagement, Call-In (CI) services, Case Management, Skill Building, and, related to housing, Prevention of Homelessness. Reporting 87 units are owned by Pathway Homes, these include single family homes, townhomes, with both single- and double-bed accommodations. The core population served includes adults with co-morbid or tri-morbid diagnoses including mental illness, and/or substance use disorders, and/or intellectual disabilities, and further, may have medical needs. Additionally, it was reported that 60% of the individuals served have been homeless. Referring to the handouts provided, Ms. Vincent highlighted the list of clinical staff employed by the agency, further noting that Pathway Homes was one of the first agencies to employ Peer Specialists. 		
Staff Reports	 Lyn Tomlinson provided an overview of recent activities, some highlights of which include: The Board of Supervisors (BOS) proclaimed May 2019 as Children's Mental Health Awareness Month) at the May 7th meeting. Attendees were encouraged to attend a related event on May 9th from 3:30 p.m. – 6:30 p.m. at the Merrifield Center. At the event will be representatives from Child Identify, a survivor of the Virginia Tech shooting, a parent from the Sandy Hook shooting who is involved in resiliency work and the DC Divas, a female professional football team. In celebration of the 50th Anniversary of the CSB, attendees were invited to attend the BOS proclamation at the Government Center on Tuesday, May 21, 2019 that will be preceded by a light breakfast reception at 8:30 a.m. A reminder was offered that the FY 2020 Budget was approved on May 7th. Highlights of the CSB related areas included an increase of approximately \$10M and 11 new full-time positions. The increase includes funding for a Market Rate Adjustment for staff, \$2.5M for the Special Education 		

Topic	Action	Responsible Party	Due Date
	Graduates in 2020 for individuals that are eligible for DD Employment & Day services, \$2M to address the opioid epidemic, \$1.2M and six full time positions for Diversion First, \$0.8M for Contract Rate Adjustments (CRA) supporting CSB vendor partners, and some funding to continue to provide support coordination for individuals with the DC waiver.		
	 Reporting development of a new campaign addressing the Opioid epidemic, #CouldBeYou, Erin Bloom, Clerk to the Board will forward materials to the Committee and Associate members. 		
	 Ms. Tomlinson reported a recent news story featuring diversion treatment efforts, for which Judge Tina Snee and CSB's Marissa Fariña-Morse were interviewed. 		
	 An update to activities at the recent VACSB (Virginia Association of Community Services Boards) was provided, 		
	 A state Barrier Crime Workgroup is being developed, with previous CSB staff member Mark Blackwell leading. Lyn Tomlinson reported volunteering to be on the workgroup. 		
	 Department of Behavioral Health and Developmental Services (DBHDS) and Department of Medical Assisted Services (DMAS) are making efforts to improve collaboration and communication. 		
	 Some additional emergency regulations related to serious incident reporting are anticipated. Attendees were asked to watch for the public comment period in order to participate, noting that information on the public comment period will be forwarded as it becomes available. 		
	 Ms. Tomlinson offered a reminder of the Partner Feedback meeting on Monday, May 13, 2019 encouraging participation. 		
	 A reminder was offered that STEP-VA (System Transformation, Excellence and Performance) efforts are ongoing, noting substantial concerns related to capacity based on current definitions. 		
	 Ms. Tomlinson reported a recent visit, accompanied by Michael T. Lane, to PRS, Inc, offering to visit more partner sites as invited. 		
	Evan Jones reported that a solicitation for psychosocial rehabilitation services is posted on the Fairfax County Business Solicitation webpage, encouraging those interested to please respond, noting the solicitation is open through May 30, 2019.		
	Donna Chittum, provided an update to recent recruitment efforts. These included attending four all-County		

Topic	Action	Responsible Party	Due Date
	job fairs, a redesigned recruitment card designed to familiarize attendees with the CSB and encourage them to visit the CSB Careers page, noting that the Career Page is undergoing some redesign. Further efforts include meeting with Service Directors to learn about the programs and staffing needs Ms. Chittum and Lyn Tomlinson confirmed the vacancy rate has been decreasing, offering a reminder that new positions noted earlier in the budget update will be added to the vacancy numbers as of July 1, 2019.		
	Elizabeth McCartney provided an update to recent legislative activities, noting efforts are made to ensure staff is notified of any changes to legislation that may impact CSB programs and operations. One significant change was the Governor's veto of House Bill 2528 that would allow charges of felony homicide for certain drug offenses. It was noted that Gov. Northam vetoed the bill following the legislature's denial of proposed amendments to the bill.		
	Additionally, Ms. McCartney offered a reminder that the annual review and revision of the Human Services Issues Paper will begin in June. Proposed behavioral health topics are likely to include STEP-VA, monitoring of treatment in jails, barrier crimes (noted earlier in the VACSB update), and funding resources for individuals discharging from the state hospitals to the community including affordable housing. Ms. McCartney offered a further reminder that, particularly during the legislative session and the Human Services Issues paper review, the CSB works closely with the County Legislative Team.		
	The next BHOC meeting is a joint meeting with the Developmental Disabilities Committee on Wednesday, June 12, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:16 p.m.	Gary Ambrose, Chair	

Date Approved Prepared by Erin Bloom

Date: July 10,2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Diane Tuininga; CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr; and CSB Board Member, Garrett McGuire

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Cathy Benn, Second Story; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Wendy Gradison, Psychiatric Rehabilitation Services (PRS), Inc.; Carla McTigue, Tonya Henderson, and Anteneh Gultneh, Recovery Program Solutions of Virginia (RPSV); and Heather Peck, Laurie Mitchell Empowerment and Career Center (LMECC)

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, employment & Day Services; Michael T. Lane, Dir. Office of Individual and Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services **Guest(s):**

Topic	Action	Responsible Party
Meeting Called to Order	Meeting was called to order at 5:00 p.m.	Diane Tuininga
Opening Remarks Announcements	Diane Tuininga welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Attendees were encouraged to review and, as needed, revise a contact list that was being circulated.	
Meeting Minutes	Draft minutes of the June 12, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Captain Cachuela made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members
Matters of the Public	None were presented	
Associate Member Reports, Updates, and Concerns	 Diane Tuininga opened the floor to Associate Members, information provided included the following: Wendy Gradison with PRS, Inc. reported a marked increase in the use of CrisisLink services, noting the recent additions of LifeLine for backup capacity and Chat, access to services via text. Heather Peck reported that LMECC, in conjunction with RPSV is developing computer classes to be delivered through the Peer Resource Center at Merrifield with a goal of implementing and expanding skills with Microsoft Office Suite. 	Associate Members

Topic	Action	Responsible Party
	 Lauren Goldschmidt with ServiceSource reported the scheduled "Race for Inclusion" 5 K walk/run or .5 marathon fundraiser on Sunday September 29, 2019 at 7:00 a.m.at Jiffy Lube Live. Please see CSB News for further information. Carla Teague provided information on a community event for RPSV titled "Grammy Night" scheduled for August 24, 2019 from 6:30 p.m. – 9:30 p.m. at the Ernst Center at the Annandale Northern Virginia Community Campus, noting that sponsors and silent auction items are being sought. 	
Associate Member Presentation: Recovery Program Solutions of Virginia (RPSV)	Presenters for RPSV included Carla McTigue and Tonya Henderson, and Anteneh Gultneh. Ms. McTigue, directing attention to the slide presentation, provided background for the agency, highlighting the information provided on the slides, emphasizing how the services provided by RPSV address the needs of the individuals served. A recent study reported that there were approximately 9,100 visits in the last year. Ms. McTigue distributed a calendar of events, noting that the events have open attendance. It was clarified that the WRAP (Wellness Recovery Action Plan) classes will be offered in the fall and, as they are provided in a series, they must be attended in order and fully completed. Mr. Gultneh spoke briefly on his experience with RPSV and his journey to become a Certified Peer Support Specialist, noting that it provides an opportunity to help others using his life experience and training as illustrated by the personal story related by Mr. Gultneh. Ms. Henderson offered a brief background history noting that she has experienced the meaningful importance of peer supported services that has inspired her to seek certification.	Carla McTigue and Tonya Henderson, Program Coordinators, and Anteneh Gultneh Peer Support Specialist
Joint DD and BHOC Meeting Facilitation Notes	Diane Tuininga, directing attention to the two-page summary provided in the meeting materials, provided a brief overview of the June 12 th joint meeting of the Developmental Disabilities and Behavioral Health Oversight Committees. There was positive feedback, including substantial support for additional joint meetings of perhaps two to three times per year. Attendees were asked to review the summary and propose recommendations of topics to be considered for future meetings including prioritization of the topics identified in the summary. Suggestions included creation of a system map to enhance communication, development of a 1-page info sheet, adding partner feedback as a discussion item at the individual BHOC and DD meetings, and Associate Member submission of a 'Challenge Question' to prompt group discussion of challenges and solutions.	Diane Tuininga
Staff Reports	Lyn Tomlinson provided an overview of some recent activities, highlights of which include:	

Topic	Action	Responsible Party
	 The CRT (Community Response Team), an extension of Diversion First, was recently developed as an outreach program to address individuals in the community who frequently contact emergency services including recurrent calls to 911 and/or visits to Merrifield/Emergency Services. The CRT is now operating at 5 days per week. Services provided at the CSB Crisis Care facility are being relocated to the recently vacated 'Boy's 	
	Probation and Parole' facility following permitting and renovations, anticipated to be completed in Fall 2020.	
	 A reminder of the significant State Hospital Bed Crisis was offered. Noting that the crisis worsened over the Independence Day holiday, involved parties across the state pulled together to address the lack of bed space. Providentially, there were only a few TDOs (Temporary Detention Order) over the holiday weekend. 	
	 Directing attention to the STEP-VA (System Transformation Excellence and Performance) handouts provided in the meeting materials, Ms. Tomlinson provided a brief overview of the information provided, encouraging attendees to review the materials. Highlights included: Concerns are ongoing related to significant funding inadequacies and proposed changes to delivery of crisis services. Currently under review is a program titled Crisis Now. Noting the significant expense of the Crisis Now program, a link to videos that provide information on the program will be forwarded to the committee members. 	
	 Behavioral Health Redesign – Alignment; it was noted that efforts to focus on prevention and early intervention may help to address the Hospital Bed Crisis. 	
	 Related to the Department of Justice (DOJ) Settlement, attendees were encouraged to review the JLARC (Joint Legislative Audit and Review Commission) recommendations that addressed CSB Funding insufficiencies and consideration of a more moderate Implementation of STEP-VA. 	
	 Robust discussion of this matter included Heather Peck with LMECC reporting on Peer Run Respite programs operating in the states of Georgia and New York that pose a possible alternative to hospitalization. Ms. Peck also reported on a possible increase in reimbursement from DMAS (Department of Medical Assistance Services) for employment services. 	
	Elizabeth McCartney, offered a reminder that copies of the Human Services Issue Paper had been emailed to all for review and recommendations, noting that hard copies with current recommended edits showing were available if needed. A further reminder was offered that the Paper with recommended edits will be	

Topic	Action	Responsible Party
	submitted to the full CSB Board for approval to submit to the County Legislative Office at the July 24, 2019 CSB Board Meeting. It was confirmed that following submission of the Human Services Issue Paper edits, collaborative talking points and testimony will be developed for the General Assembly public hearings in January.	
August 2019 Behavioral Health Oversight Committee meeting	Diane Tuininga proposed that the August 2019 Behavioral Health Oversight Committee meeting be canceled. Captain Cachuela made a motion to cancel the meeting which was seconded and passed.	Diane Tuininga, Chair
	The next BHOC meeting is Wednesday, September 11, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West.	
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:17 p.m.	Diane Tuininga, Chair

Date Approved Prepared by Erin Bloom

Fairfax-Falls Church Community Services Board Behavioral Health Oversight Committee September 11, 2019

The Behavioral Health Oversight Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 3-314, West

<u>Committee Members in Attendance</u>: Committee Chair, Diane Tuininga; CSB Board Member Daria Akers

<u>Committee Members absent</u>: CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr., and CSB Board Member, Garrett McGuire

<u>Associate Members in Attendance</u>: Peter Clark, No. VA. Mental Health Foundation (NVMHF); Joe Getch, Psychiatric Rehabilitation Services, Inc. (PRS); Lauren Goldschmidt, ServiceSource; DeAnne Mullins, CRi; Joe Pettit, Concerned Fairfax; Cate Powell and Kat Ashmore, Gateway Homes; Elaine Somers, Northwest Center Advisory Board; Eleanor Vincent, Pathway Homes, Inc.

<u>Staff in Attendance</u>: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Evan ones, Employment & Day Services; Michael T. Lane, Dir. Office of Individual and Family Affairs; and Lyn Tomlinson, Deputy Dir. Clinical Services

1. Meeting Called to Order

Diane Tuininga convened the meeting at 5:02 p.m.

2. Opening Remarks, Introductions, and Announcements

Diane Tuininga welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.

Ms. Tuininga offered a reminder that a recurring agenda item posing a challenge question or concern will be added to the agenda, asking that members please forward recommendations to the Clerk.

3. Approval of the Agenda and Minutes

Recognizing that there was no quorum, approval of draft minutes from the July 10, 2019 meeting was tabled until the following month.

4. Matters of the Public

None were presented.

5. Associate Member Reports, Updates, and Concerns

Diane Tuininga opened the floor to Associate Members, information provided included the following:

 Peter Clark, sharing a copy of the flyer for the Wellness and Recovery Conference, a reminder was offered that the event is scheduled for Friday, October 18, 2019. Noting registration was open, attendance was encouraged.

- Deanne Mullins, offering thanks to Lisa Jackson-Wardlaw for representing CRi at previous BHOC meetings, Ms. Mullins announced that she will be attending BHOC meetings going forward.
- *Eleanor Vincent*, Pathway Homes is hosting their 20th annual 5K Walk to Help the Homeless on Saturday, October 19, 2019.
- Lauren Goldschmidt, shared a flyer and the American Foundation for Suicide Prevention Walk is sponsoring a funding Walk on Saturday, October 5, 2019 at the Veteran's Amphitheater at Fairfax City Hall.
- Joe Pettit, Jeanne Comeau, has retired from NAMI (National Alliance on Mental Illness), offering a reminder of her attendance at previous BHOC meetings and noting her many contributions to NAMI. Additionally, the NAMI Northern Virginia Walk is scheduled for Saturday, September 21, 2019 at Tyson's Corner Center.
- Joe Getsch, PRS' CrisisLink program is celebrating 50 years of service to the community. PRS will be holding a 50th anniversary reception at its headquarters in Oakton from 6:00 p.m. to 8:00 p.m. on Thursday, September 19th. More information and an opportunity to register is available on the PRS website.

6. Presentation

Cynthia Sturdevant with Neighborhood Health presented a slideshow and narrative that provided a comprehensive overview of the many services offered by Neighborhood Health, including behavioral health, dental, and family & internal medicine as well as pediatrics and women's health. It was further highlighted that there are multiple centrally located locations to assist with access. Partnerships include with Fairfax County/CSB, Community Mental Health, the Health Department, and hospitals and schools. There was a great deal of interest in the myriad services offered, as illustrated by the robust discussion and abundant questions following the presentation.

7. Staff Reports

Lyn Tomlinson offered a reminder of the CSB's 50th anniversary Celebration, encouraging partners and members to attend on Thursday, September 12th, at Stacey C. Sherwood Community Center from 9:00 a.m. to 2:00 p.m. Additional updates included:

- Attendance was encouraged at the next Diversion First Stakeholders meeting on Wednesday, October 2, 2019 from 7:00 p.m. to 9:00 p.m. at the Government Center.
- Lucy Caldwell, CSB Director of Communications accepted a position with Fairfax County Public Schools (FCPS), noting her last day with the CSB is Friday, September 13, 2019.
- Following the August 2019 death of DBHDS Commissioner S. Melton Hughes, Chief Deputy for Community Behavioral Health Services, Mira Signer, has been appointed Acting Commissioner.
- In response to the state hospital bed crisis, Catawba State Hospital will be adding 28 inpatient beds in FY2020 with an additional 28 beds to be added in FY2021.
- The GAINS (Gather Assess Integrate Network Stimulate) Center, associated with SAMHSA (Substance Abuse and Mental Health Services Administration), recently conducted a sequential intercept mapping exercise with Diversion First partners

that included Fairfax County Sheriff and Police, and Fire & Rescue, Probation & Parole, Court Services, and CSB staff, individuals receiving services (peers), and Gary Ambrose. Outcomes included a reported lack of community recognition for the Community Services Board (CSB) including what the CSB does, the function of the Merrifield Center, etc. To address this concern and further publicize the CSB, particularly addressing individuals who lack technological access, there are increased efforts to distribute materials to locations and resources that serve the populations that utilize the services offered by the CSB.

- DMAS (Department of Medical Assisted Services) and DBHDS (Department of Behavioral health and Developmental Services) are working together to improve communication including uniform messaging.
- DBHDS is demonstrating efforts at workforce development recognizing state and nationwide challenges in recruitment and retention in clinical services and licensed staff.

Evan Jones displayed a flyer noting that October is National Disability Employment Awareness Month, highlighting efforts to change attitudes, educate people about disability employment and to acknowledge the vast talents and value that workers with disabilities bring to the workplace.

There being no further business to come before the Committee, the meeting was adjourned at 6:06 p.m.

Actions Taken -

•	Approval of the July 10, 2019 Behavioral Health Or tabled due to the lack of a quorum.	Oversight Committee meeting minutes wa			
	Date Approved	Clerk to the Board			

Proposed Class on Mental Health Services in Our Community

<u>Location</u>: Osher Lifelong Learning Institute (OLLI) at George Mason University 4210 Roberts Road, Fairfax, VA

<u>Dates</u>: March 30 to May 22, 2020.

One class per week for up to eight weeks. Classes are held in the daytime, and last 1 hour and 25 minutes.

OLLI GMU has 1100 members who attend classes at three campuses—Fairfax, Reston, and Loudoun. Most of our members are retired.

I've been a member of OLLI for several years and want to put together a series of classes that would educate OLLI members about the mental health services that are available in the community. The CSB has volunteered to describe the many services they provide. I've asked Gary Ambrose to present a class on Diversion First. I've reached out to NAMI Northern Virginia as well. I hope that some of the Associate Members of BHOC would also be interested in presenting all or part of a session.

If you think you would be interested, please contact me at <u>947wct@gmail.com</u>, or at 703-577-2960. Because of the lead time required in curriculum planning and printing the catalog, I need to know by the end of October.

Thank you

Bill Taylor Concerned Fairfax

FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD CONTRACT PARTNER PERFORMANCE REPORT

Reviewer Name, Title, Service Area: Date:						
rovider (Agency Name, Address, Phon	ıe):					
gency Contact (Name, Email, Phone):_						
Contract Period:	1st Qtr.	2 nd Qtr.	3rd Qtr.	4 th Qtr.	Year	Comments
Product/Service Delivery						
Able to meet capacity requirements of service population						
 Accessible to service recipients/CSB 						
Quality of Product/Services						
Adequate staff						
 Qualified staff 						
Meeting individual service needs						
Measurable progress documented/provided						
Invoicing						
• Timely						
Accurate						
 Confirm CSB is funder of last resort 						
 Notified CSB as soon as problems identified/projected 						
Projected revenue collected						
Compliance & Reporting						
Compliant with regulatory & state performance contract requirements						
Reports are Accurate						
Reports are Timely						
 Notifies CSB as soon as problems identified (anticipated) 						

Customer Service								
Responsive to CSB contacts								
Responsive to individuals/families/other constituents								
Self-initiated program improvements								
 Identifies/addresses/reports issues to CSB without prompting 								
Meeting Identified Needs								
Provides Product/Service as agreed to in contract								
Provides Product/Services with minimal oversight								
Recommend Contract Renewal, If Optional? (Yes/No)								
Recommend Contract Partner Again? (Yes/No)								
For the same Product/Services								
For additional Products/Services								
For something else, just not these Products/Services								
Partnership Relations with CSB								
Provider is easy to reach								
Provider listens to & addresses program concerns								
Works with CSB to meet community needs								
RATING: 5 = Superior 4 = Good	3 = A	verage	2 =	Defic	ient	1 = Inadequate		
Overall Average Rating:								
Contract Partner Comments, Requests,	Correc	tive A	ctions:					
Based on the above feedback, the County questions or concerns regarding renewal		ds to r	enew t	his cor	ntract. I	Please let us know if you have any		
☐ Please contact me, I have questions or	conce	rns re	garding	g renev	val.			
$\hfill\square$ Proceed with renewal, I have no questions or concerns regarding renewal.								
Contract Partner Representative (print n	 ame)	_	ontrac	t Partn	er Renr	resentative (signature) Date		