



FAIRFAX - FALLS CHURCH

Community Services Board

Behavioral Health Oversight Committee

Merrifield Center
8221 Willow Oaks Corporate Drive, Fairfax, VA 22031
Room 1-308 A/B, West

Wednesday, November 6, 2019
5:00 p.m.

AGENDA

1. Meeting Called to Order 5:00 p.m.
 - Diane Tuininga
2. Opening Remarks, Introductions, and Announcements
3. Approval of the February 13, May 8, July 10, September 11, and October 9, 2019 draft Committee Meeting Minutes
4. Matters of the Public
5. Associate Member Reports, Updates, and Concerns
 - Gateway Homes, Inc. – Lynda Hyatt and Cate Powell
6. Challenge Question –
 - Associate Members
7. Contract Partner Performance Review form - partner feedback
 - Lyn Tomlinson, Georgia Bachman
8. Staff Reports
9. Adjournment

Behavioral Health Oversight Committee Meeting Minutes

Date: February 13, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; CSB Board Chair, Suzette Kern; and CSB Board Member Diane Tuininga

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Terry Atkinson, Gartlan Advisory Board; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Wendy Gradison, PRS, Inc.; Lisa Jackson-Wardlaw, CRi; Joe Pettit and Bill Taylor, Concerned Fairfax;

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, Director, Employment & Day Services; Michael Lane, Director, Office Individual & Family Affairs; Jean Post, NVRPO; Lyn Tomlinson, Deputy Dir. Clinical Services; Daryl Washington, Executive Director

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:04 p.m.	Gary Ambrose	
Opening Remarks, Introductions, Announcements	Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.		
Meeting Minutes	Draft minutes of the January 9, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Suzette Kern made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and Concerns	<p>Gary Ambrose opened the floor to Associate Members, information provided included the following:</p> <ul style="list-style-type: none"> • Lauren Goldschmidt reported a recent expansion to the incentive program for individuals receiving or are eligible to receive TANF (Temporary Assistance for Needy Families). The goal is to locate permanent placement and work experience opportunities. • Terry Atkinson announced retirement from the Gartlan Advisory Board, effective this month. The committee was assured a replacement representative would be identified. 	Associate Members	
Matters of the Public	None were presented		
Associate Member Presentation:	James Campbell, Director, provided an overview of the agency, several highlights of which include:	James Campbell	

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Topic	Action	Responsible Party	Due Date
Community Systems, Inc. (CSI)	<ul style="list-style-type: none"> • The population served at CSI are primarily highly complex and challenging, most often with a dual diagnosis. There are approximately 115 individuals being served. The primary funding stream is Medicaid. • Individuals mostly reside in 4-person group homes, primarily in apartments. • Ratio is no less than 2:4, increasing to 3:4 or 4:4 to provide weekend community activities. Some individuals live alone, acknowledging the challenge of placing some of the highly complex individuals in multiple resident homes. • Additional services include the Shared Living program where the individual lives with a non-disabled person or family member who assumes responsibility for the individual. • Supports are also provided to individuals with TBI (Traumatic Brain Injury) including individuals in the Wounded Warrior program. Supports include in-home services, Day Support Programming, Special Olympics, employment and volunteering. • Referring to the Customized Rate application and renewal process, Mr. Campbell illustrated the difficulty in qualifying or renewing for this program. • Plans include expansion into Prince William and Rappahannock. 		
Review of Priority Access to CSB Services	<p>Gary Ambrose provided an overview of the annual process of reviewing the Priority Access to CSB Services policy and guidelines. In addition to establishing a CSB Ad Hoc Priority Populations Guidelines Review Committee, CSB staff internally review and collaborate with the CSB Ad Hoc Committee to apply revisions to the current policy and guidelines. Associate Members will also be offered an opportunity to provide feedback. The forms reviewed include the CSB Board Policy #0030, and the (separately developed) Guidelines for Access to CSB Services, electronic copies of which will be provided.</p>	Gary Ambrose	
Staff Reports	<p>Lyn Tomlinson provided an overview of recent activities, some highlights of which include:</p> <ul style="list-style-type: none"> • Michael T. Lane, new Office of Individual and Family Affairs Director was introduced following which Mr. Lane offered a brief background. An invitation to attend the Concerned Fairfax meeting on Monday, March 11, 2019 at Merrifield, Room 308C was offered by Bill Taylor. • A reminder was offered that the CSB will be celebrating the 50th anniversary with various events throughout the (calendar) year. This includes Cake, (Crudit�), & Conversation, an informal opportunity for staff to meet with senior staff preceding one of two monthly Senior Leadership Meetings, noting that a healthier option is also provided. • Lucy Caldwell provided an overview of some of the events planned, including: 		

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Topic	Action	Responsible Party	Due Date
	<ul style="list-style-type: none"> ○ May 7, 2019 the Board of Supervisors will recognize the anniversary. ○ Currently in development is a series of videos highlighting long-time CSB staff. ● OBOT (Office Based Opioid Treatment) services, A Medication Assisted Treatment (MAT) program that is part of ARTS (Addiction Recovery Treatment Services) launched February 4th. Efforts to expand to residential services is ongoing. ● Reporting that there is a program that offers free tax preparation, information will be forwarded to members for further distribution. ● It was reported that the DLA-20 will be launched March 1, 2019, acknowledging the hard work and commitment of the staff that made this possible. ● Efforts are ongoing for streamlining business and clinical efficiencies, emphasizing current efforts to identify unnecessary and/or duplicative forms, noting that 1,000 have been identified for elimination. ● Offering a reminder of the County Strategic Plan, members were encouraged to complete the survey to assist with identification of primary areas of interest. It was noted there ae some scheduled Community Conversations scheduled as well ● Evan Jones, offered a reminder of the Turning Point program and a grant that was awarded to expand the program to include girls, ages 14 to 25, that were at risk of a first psychotic event. Mr. Jones, noting a delay in implementation, reported that the first referrals were accepted this month. 		
	<p>The next meeting is Wednesday, March 13, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</p>		
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 5:46 p.m.	Gary Ambrose, Chair	

Date Approved

Prepared by Erin Bloom

Behavioral Health Oversight Committee Meeting Minutes

Date: May 8, 2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Gary Ambrose; CSB Board Member Daria Akers; and CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr;

CSB Board Members Absent: and CSB Board Member Diane Tuininga

Associate Members Present: Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource (SvSc); Wendy Gradison, PRS, Inc.; Heather Peck, Marja-Lee Freeman, and Crystal Edmonds, Laurie Mitchell Empowerment & Career Center (LMECC); Shatara Robertson, Regional Program Services of VA (RPSVA); Eleanor Vincent and Sylisa Lambert-Woodard, Pathway Homes, Inc. (PHI)

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Donna Chittum, Recruiter; Evan Jones, Director Employment & Day Services; Michael T Lane, Director Individual & Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s): Gordon Dean

Topic	Action	Responsible Party	Due Date
Meeting Call to Order	Meeting was called to order at 5:02 p.m.	Gary Ambrose	
Opening Remarks and Announcements	<p>Gary Ambrose welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.</p> <p>Copies of the recently published Diversion First 2018 Annual Report were distributed; attendees were strongly encouraged to review the report.</p> <p>Nominations of Associate Members will be offered at the June meeting. Agencies who have not yet replied to the ‘interest’ email were asked to please do so.</p> <p>Mr. Ambrose offered a reminder that he will be leaving the CSB Board and the Diversion First Stakeholders Group effective July 1, 2019.</p>		
Meeting Minutes	Draft minutes of the April 10, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Captain Basilio ‘Sonny’ Cachuela Jr made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members	
Associate Member Reports, Updates, and	<p>Gary Ambrose opened the floor to Associate Members, information provided included the following:</p> <ul style="list-style-type: none"> • Wendy Gradison reported that PRS/CrisisLink had received a National Lifeline and SAMHSA (Substance Abuse and Mental Health Services Administration) award that provides funding for five 	Associate Members	

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Topic	Action	Responsible Party	Due Date
Concerns	<p>additional staff to respond to a vast backlog of calls. It is anticipated that most of the calls will be local.</p> <ul style="list-style-type: none"> • Noting that May is Mental Health Awareness Month, Lauren Goldschmidt distributed a flyer publicizing an event at ServiceSource Oakton on Thursday, May 23rd, noting the focus will be on awareness, educations, & conversation. Reporting that there will be a resource table, attendees were encouraged to bring literature for distribution. • Eleanor Vincent offered two announcements including: <ul style="list-style-type: none"> ○ The Pathways Annual Breakfast will be Wednesday, May 22, 8:00 a.m. – 9:30 a.m. at the Waterford at Springfield, 6715 Commerce St Springfield, VA 22150 ○ Prince William County recently awarded Pathway Homes approximately \$2.4M to provide rental assistance to members of the community with intellectual and developmental disabilities. Clarifying that the support services will be provided by Prince William County CSB staff, this award will provide Permanent Supportive Housing for 14 individuals. 		
Matters of the Public	None were presented		
<p>Associate Member Presentations:</p> <p>Laurie Mitchell Empowerment & Career Center (LMECC)</p> <p>And</p>	<p>Heather Peck provided an overview of employment services provided by the Laurie Mitchell Empowerment and Career Center. Highlights of the presentation included:</p> <ul style="list-style-type: none"> • Employment was defined as the number one intervention for achieving recovery and wellness from mental health, substance use, and justice system involvement. • Accomplishments include five job starts in the past month, 51 job/education/volunteer starts in this fiscal year, and approximately 90 educational starts across Virginia. Ms. Peck confirmed this was done with one full-time and one almost full-time staff. • Highlighting some literature distributed prior to the presentation, attendees were encouraged to review the literature at their leisure. Additional information of the IPS (Individual Placement and Support) Supported Employment Evidence-based training was provided, noting that training in both practitioner skills and supervisor skills are offered. • LMECC was recently awarded approximately \$100K to expand employment supports across the Commonwealth. • Marja-Lee Freeman and Crystal Edmonds offered testimonials illustrating the personal and agency 	<p>Heather Peck, Marja-Lee Freeman, and Crystal Edmonds</p> <p>And</p> <p>Eleanor Vincent</p>	

Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party	Due Date
Pathway Homes, Inc.	<p>impact of the services and training offered by LMECC, as well as the significant impact of LMECC services on individuals in the community.</p> <p>Eleanor Vincent distributed handouts noting the importance of publicizing your agency and the services you provide to the public and to other providers. Following a brief history of the agency, Ms. Vincent provided some additional information, to include:</p> <ul style="list-style-type: none"> • Pathway Homes, Inc. has several offices in the Counties of Fairfax, Prince William, Loudoun and Arlington, as well as the city of Alexandria in Virginia. Additional offices are in Florida, in the counties of Orange, Osceola, and Seminole. • Varied services are provided including Housing, Supportive Services, Housing with Supportive Services, Outreach & Engagement, Call-In (CI) services, Case Management, Skill Building, and, related to housing, Prevention of Homelessness. • Reporting 87 units are owned by Pathway Homes, these include single family homes, townhomes, with both single- and double-bed accommodations. • The core population served includes adults with co-morbid or tri-morbid diagnoses including mental illness, and/or substance use disorders, and/or intellectual disabilities, and further, may have medical needs. Additionally, it was reported that 60% of the individuals served have been homeless. • Referring to the handouts provided, Ms. Vincent highlighted the list of clinical staff employed by the agency, further noting that Pathway Homes was one of the first agencies to employ Peer Specialists. 		
Staff Reports	<p>Lyn Tomlinson provided an overview of recent activities, some highlights of which include:</p> <ul style="list-style-type: none"> • The Board of Supervisors (BOS) proclaimed May 2019 as Children’s Mental Health Awareness Month) at the May 7th meeting. Attendees were encouraged to attend a related event on May 9th from 3:30 p.m. – 6:30 p.m. at the Merrifield Center. At the event will be representatives from Child Identify, a survivor of the Virginia Tech shooting, a parent from the Sandy Hook shooting who is involved in resiliency work and the DC Divas, a female professional football team. • In celebration of the 50th Anniversary of the CSB, attendees were invited to attend the BOS proclamation at the Government Center on Tuesday, May 21, 2019 that will be preceded by a light breakfast reception at 8:30 a.m. • A reminder was offered that the FY 2020 Budget was approved on May 7th. Highlights of the CSB related areas included an increase of approximately \$10M and 11 new full-time positions. The increase includes funding for a Market Rate Adjustment for staff, \$2.5M for the Special Education 		

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Topic	Action	Responsible Party	Due Date
	<p>Graduates in 2020 for individuals that are eligible for DD Employment & Day services, \$2M to address the opioid epidemic, \$1.2M and six full time positions for Diversion First, \$0.8M for Contract Rate Adjustments (CRA) supporting CSB vendor partners, and some funding to continue to provide support coordination for individuals with the DC waiver.</p> <ul style="list-style-type: none"> • Reporting development of a new campaign addressing the Opioid epidemic, #CouldBeYou, Erin Bloom, Clerk to the Board will forward materials to the Committee and Associate members. • Ms. Tomlinson reported a recent news story featuring diversion treatment efforts, for which Judge Tina Snee and CSB’s Marissa Fariña-Morse were interviewed. • An update to activities at the recent VACSB (Virginia Association of Community Services Boards) was provided, <ul style="list-style-type: none"> ○ A state Barrier Crime Workgroup is being developed, with previous CSB staff member Mark Blackwell leading. Lyn Tomlinson reported volunteering to be on the workgroup. ○ Department of Behavioral Health and Developmental Services (DBHDS) and Department of Medical Assisted Services (DMAS) are making efforts to improve collaboration and communication. ○ Some additional emergency regulations related to serious incident reporting are anticipated. Attendees were asked to watch for the public comment period in order to participate, noting that information on the public comment period will be forwarded as it becomes available. ○ Ms. Tomlinson offered a reminder of the Partner Feedback meeting on Monday, May 13, 2019 encouraging participation. ○ A reminder was offered that STEP-VA (System Transformation, Excellence and Performance) efforts are ongoing, noting substantial concerns related to capacity based on current definitions. ○ Ms. Tomlinson reported a recent visit, accompanied by Michael T. Lane, to PRS, Inc, offering to visit more partner sites as invited. <p>Evan Jones reported that a solicitation for psychosocial rehabilitation services is posted on the Fairfax County Business Solicitation webpage, encouraging those interested to please respond, noting the solicitation is open through May 30, 2019.</p> <p>Donna Chittum, provided an update to recent recruitment efforts. These included attending four all-County</p>		

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Topic	Action	Responsible Party	Due Date
	<p>job fairs, a redesigned recruitment card designed to familiarize attendees with the CSB and encourage them to visit the CSB Careers page, noting that the Career Page is undergoing some redesign. Further efforts include meeting with Service Directors to learn about the programs and staffing needs Ms. Chittum and Lyn Tomlinson confirmed the vacancy rate has been decreasing, offering a reminder that new positions noted earlier in the budget update will be added to the vacancy numbers as of July 1, 2019.</p> <p>Elizabeth McCartney provided an update to recent legislative activities, noting efforts are made to ensure staff is notified of any changes to legislation that may impact CSB programs and operations. One significant change was the Governor’s veto of House Bill 2528 that would allow charges of felony homicide for certain drug offenses. It was noted that Gov. Northam vetoed the bill following the legislature’s denial of proposed amendments to the bill.</p> <p>Additionally, Ms. McCartney offered a reminder that the annual review and revision of the Human Services Issues Paper will begin in June. Proposed behavioral health topics are likely to include STEP-VA, monitoring of treatment in jails, barrier crimes (noted earlier in the VACSB update), and funding resources for individuals discharging from the state hospitals to the community including affordable housing. Ms. McCartney offered a further reminder that, particularly during the legislative session and the Human Services Issues paper review, the CSB works closely with the County Legislative Team.</p>		
	<p>The next BHOC meeting is a joint meeting with the Developmental Disabilities Committee on Wednesday, June 12, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West</p>		
Adjournment	<p>There being no further business to come before the Committee, the meeting was adjourned at 6:16 p.m.</p>	Gary Ambrose, Chair	

Date Approved

Prepared by Erin Bloom

Behavioral Health Oversight Committee Meeting Minutes

Date: July 10,2019

Location: Merrifield Center, First Floor, Room 1-308 A/B, West

Committee Members Present: Chair, Diane Tuininga; CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr; and CSB Board Member, Garrett McGuire

CSB Board Members Absent: CSB Board Member Daria Akers

Associate Members Present: Cathy Benn, Second Story; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Lauren Goldschmidt, ServiceSource; Wendy Gradison, Psychiatric Rehabilitation Services (PRS), Inc.; Carla McTigue, Tonya Henderson, and Anteneh Gultneh, Recovery Program Solutions of Virginia (RPSV); and Heather Peck, Laurie Mitchell Empowerment and Career Center (LMECC)

Staff: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Lucy Caldwell, Communications Director; Evan Jones, employment & Day Services; Michael T. Lane, Dir. Office of Individual and Family Affairs; Elizabeth McCartney, Legislative Liaison; and Lyn Tomlinson, Deputy Dir. Clinical Services

Guest(s):

Topic	Action	Responsible Party
Meeting Called to Order	Meeting was called to order at 5:00 p.m.	Diane Tuininga
Opening Remarks Announcements	Diane Tuininga welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation. Attendees were encouraged to review and, as needed, revise a contact list that was being circulated.	
Meeting Minutes	Draft minutes of the June 12, 2019 meeting were offered for a final review. Acknowledging that no recommendations were forthcoming, Captain Cachuela made a motion to approve the minutes as presented, which was seconded and approved.	Committee Members
Matters of the Public	None were presented	
Associate Member Reports, Updates, and Concerns	Diane Tuininga opened the floor to Associate Members, information provided included the following: <ul style="list-style-type: none"> • Wendy Gradison with PRS, Inc. reported a marked increase in the use of CrisisLink services, noting the recent additions of LifeLine for backup capacity and Chat, access to services via text. • Heather Peck reported that LMECC, in conjunction with RPSV is developing computer classes to be delivered through the Peer Resource Center at Merrifield with a goal of implementing and expanding skills with Microsoft Office Suite. 	Associate Members

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Topic	Action	Responsible Party
	<ul style="list-style-type: none"> • Lauren Goldschmidt with ServiceSource reported the scheduled “Race for Inclusion” 5 K walk/run or .5 marathon fundraiser on Sunday September 29, 2019 at 7:00 a.m.at Jiffy Lube Live. Please see CSB News for further information. • Carla Teague provided information on a community event for RPSV titled “Grammy Night” scheduled for August 24, 2019 from 6:30 p.m. – 9:30 p.m. at the Ernst Center at the Annandale Northern Virginia Community Campus, noting that sponsors and silent auction items are being sought. 	
<p>Associate Member Presentation: Recovery Program Solutions of Virginia (RPSV)</p>	<p>Presenters for RPSV included Carla McTigue and Tonya Henderson, and Anteneh Gultneh.</p> <p>Ms. McTigue, directing attention to the slide presentation, provided background for the agency, highlighting the information provided on the slides, emphasizing how the services provided by RPSV address the needs of the individuals served. A recent study reported that there were approximately 9,100 visits in the last year. Ms. McTigue distributed a calendar of events, noting that the events have open attendance. It was clarified that the WRAP (Wellness Recovery Action Plan) classes will be offered in the fall and, as they are provided in a series, they must be attended in order and fully completed.</p> <p>Mr. Gultneh spoke briefly on his experience with RPSV and his journey to become a Certified Peer Support Specialist, noting that it provides an opportunity to help others using his life experience and training as illustrated by the personal story related by Mr. Gultneh.</p> <p>Ms. Henderson offered a brief background history noting that she has experienced the meaningful importance of peer supported services that has inspired her to seek certification.</p>	<p>Carla McTigue and Tonya Henderson, Program Coordinators, and Anteneh Gultneh Peer Support Specialist</p>
<p>Joint DD and BHOC Meeting Facilitation Notes</p>	<p>Diane Tuininga, directing attention to the two-page summary provided in the meeting materials, provided a brief overview of the June 12th joint meeting of the Developmental Disabilities and Behavioral Health Oversight Committees. There was positive feedback, including substantial support for additional joint meetings of perhaps two to three times per year.</p> <p>Attendees were asked to review the summary and propose recommendations of topics to be considered for future meetings including prioritization of the topics identified in the summary. Suggestions included creation of a system map to enhance communication, development of a 1-page info sheet, adding partner feedback as a discussion item at the individual BHOC and DD meetings, and Associate Member submission of a ‘Challenge Question’ to prompt group discussion of challenges and solutions.</p>	<p>Diane Tuininga</p>
<p>Staff Reports</p>	<p>Lyn Tomlinson provided an overview of some recent activities, highlights of which include:</p>	

Behavioral Health Oversight Committee Meeting Minutes

Topic	Action	Responsible Party
	<ul style="list-style-type: none"> • The CRT (Community Response Team), an extension of Diversion First, was recently developed as an outreach program to address individuals in the community who frequently contact emergency services including recurrent calls to 911 and/or visits to Merrifield/Emergency Services. The CRT is now operating at 5 days per week. • Services provided at the CSB Crisis Care facility are being relocated to the recently vacated ‘Boy’s Probation and Parole’ facility following permitting and renovations, anticipated to be completed in Fall 2020. • A reminder of the significant State Hospital Bed Crisis was offered. Noting that the crisis worsened over the Independence Day holiday, involved parties across the state pulled together to address the lack of bed space. Providentially, there were only a few TDOs (Temporary Detention Order) over the holiday weekend. • Directing attention to the STEP-VA (System Transformation Excellence and Performance) handouts provided in the meeting materials, Ms. Tomlinson provided a brief overview of the information provided, encouraging attendees to review the materials. Highlights included: <ul style="list-style-type: none"> ○ Concerns are ongoing related to significant funding inadequacies and proposed changes to delivery of crisis services. Currently under review is a program titled Crisis Now. Noting the significant expense of the Crisis Now program, a link to videos that provide information on the program will be forwarded to the committee members. ○ Behavioral Health Redesign – Alignment; it was noted that efforts to focus on prevention and early intervention may help to address the Hospital Bed Crisis. ○ Related to the Department of Justice (DOJ) Settlement, attendees were encouraged to review the JLARC (Joint Legislative Audit and Review Commission) recommendations that addressed CSB Funding insufficiencies and consideration of a more moderate Implementation of STEP-VA. • Robust discussion of this matter included Heather Peck with LMECC reporting on Peer Run Respite programs operating in the states of Georgia and New York that pose a possible alternative to hospitalization. Ms. Peck also reported on a possible increase in reimbursement from DMAS (Department of Medical Assistance Services) for employment services. <p>Elizabeth McCartney, offered a reminder that copies of the Human Services Issue Paper had been emailed to all for review and recommendations, noting that hard copies with current recommended edits showing were available if needed. A further reminder was offered that the Paper with recommended edits will be</p>	

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Topic	Action	Responsible Party
	submitted to the full CSB Board for approval to submit to the County Legislative Office at the July 24, 2019 CSB Board Meeting. It was confirmed that following submission of the Human Services Issue Paper edits, collaborative talking points and testimony will be developed for the General Assembly public hearings in January.	
August 2019 Behavioral Health Oversight Committee meeting	Diane Tuininga proposed that the August 2019 Behavioral Health Oversight Committee meeting be canceled. Captain Cachuela made a motion to cancel the meeting which was seconded and passed.	Diane Tuininga, Chair
	The next BHOC meeting is Wednesday, September 11, 2019, 5:00 p.m. at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 1-308 A/B, West.	
Adjournment	There being no further business to come before the Committee, the meeting was adjourned at 6:17 p.m.	Diane Tuininga, Chair

Date Approved

Prepared by Erin Bloom

Fairfax-Falls Church Community Services Board
Behavioral Health Oversight Committee
September 11, 2019

The Behavioral Health Oversight Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 3-314, West

Committee Members in Attendance: Committee Chair, Diane Tuininga; CSB Board Member Daria Akers

Committee Members absent: CSB Board Member Captain Basilio ‘Sonny’ Cachuela, Jr., and CSB Board Member, Garrett McGuire

Associate Members in Attendance: Peter Clark, No. VA. Mental Health Foundation (NVMHF); Joe Getch, Psychiatric Rehabilitation Services, Inc. (PRS); Lauren Goldschmidt, ServiceSource; DeAnne Mullins, CRI; Joe Pettit, Concerned Fairfax; Cate Powell and Kat Ashmore, Gateway Homes; Elaine Somers, Northwest Center Advisory Board; Eleanor Vincent, Pathway Homes, Inc.

Staff in Attendance: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Evan ones, Employment & Day Services; Michael T. Lane, Dir. Office of Individual and Family Affairs; and Lyn Tomlinson, Deputy Dir. Clinical Services

1. **Meeting Called to Order**

Diane Tuininga convened the meeting at 5:02 p.m.

2. **Opening Remarks, Introductions, and Announcements**

Diane Tuininga welcomed Committee and Associate Members as well as staff and members of the public, who then introduced themselves including staff position or agency affiliation.

Ms. Tuininga offered a reminder that a recurring agenda item posing a challenge question or concern will be added to the agenda, asking that members please forward recommendations to the Clerk.

3. **Approval of the Agenda and Minutes**

Recognizing that there was no quorum, approval of draft minutes from the July 10, 2019 meeting was tabled until the following month.

4. **Matters of the Public**

None were presented.

5. **Associate Member Reports, Updates, and Concerns**

Diane Tuininga opened the floor to Associate Members, information provided included the following:

- *Peter Clark*, sharing a copy of the flyer for the Wellness and Recovery Conference, a reminder was offered that the event is scheduled for Friday, October 18, 2019. Noting registration was open, attendance was encouraged.

- *Deanne Mullins*, offering thanks to Lisa Jackson-Wardlaw for representing CRi at previous BHOC meetings, Ms. Mullins announced that she will be attending BHOC meetings going forward.
- *Eleanor Vincent*, Pathway Homes is hosting their 20th annual 5K Walk to Help the Homeless on Saturday, October 19, 2019.
- *Lauren Goldschmidt*, shared a flyer and the American Foundation for Suicide Prevention Walk is sponsoring a funding Walk on Saturday, October 5, 2019 at the Veteran's Amphitheater at Fairfax City Hall.
- *Joe Pettit*, Jeanne Comeau, has retired from NAMI (National Alliance on Mental Illness), offering a reminder of her attendance at previous BHOC meetings and noting her many contributions to NAMI. Additionally, the NAMI Northern Virginia Walk is scheduled for Saturday, September 21, 2019 at Tyson's Corner Center.
- *Joe Getsch*, PRS' CrisisLink program is celebrating 50 years of service to the community. PRS will be holding a 50th anniversary reception at its headquarters in Oakton from 6:00 p.m. to 8:00 p.m. on Thursday, September 19th. More information and an opportunity to register is available on the PRS website.

6. Presentation

Cynthia Sturdevant with Neighborhood Health presented a slideshow and narrative that provided a comprehensive overview of the many services offered by Neighborhood Health, including behavioral health, dental, and family & internal medicine as well as pediatrics and women's health. It was further highlighted that there are multiple centrally located locations to assist with access. Partnerships include with Fairfax County/CSB, Community Mental Health, the Health Department, and hospitals and schools. There was a great deal of interest in the myriad services offered, as illustrated by the robust discussion and abundant questions following the presentation.

7. Staff Reports

Lyn Tomlinson offered a reminder of the CSB's 50th anniversary Celebration, encouraging partners and members to attend on Thursday, September 12th, at Stacey C. Sherwood Community Center from 9:00 a.m. to 2:00 p.m. Additional updates included:

- Attendance was encouraged at the next Diversion First Stakeholders meeting on Wednesday, October 2, 2019 from 7:00 p.m. to 9:00 p.m. at the Government Center.
- Lucy Caldwell, CSB Director of Communications accepted a position with Fairfax County Public Schools (FCPS), noting her last day with the CSB is Friday, September 13, 2019.
- Following the August 2019 death of DBHDS Commissioner S. Melton Hughes, Chief Deputy for Community Behavioral Health Services, Mira Signer, has been appointed Acting Commissioner.
- In response to the state hospital bed crisis, Catawba State Hospital will be adding 28 inpatient beds in FY2020 with an additional 28 beds to be added in FY2021.
- The GAINS (Gather Assess Integrate Network Stimulate) Center, associated with SAMHSA (Substance Abuse and Mental Health Services Administration), recently conducted a sequential intercept mapping exercise with Diversion First partners

that included Fairfax County Sheriff and Police, and Fire & Rescue, Probation & Parole, Court Services, and CSB staff, individuals receiving services (peers), and Gary Ambrose. Outcomes included a reported lack of community recognition for the Community Services Board (CSB) including what the CSB does, the function of the Merrifield Center, etc. To address this concern and further publicize the CSB, particularly addressing individuals who lack technological access, there are increased efforts to distribute materials to locations and resources that serve the populations that utilize the services offered by the CSB.

- DMAS (Department of Medical Assisted Services) and DBHDS (Department of Behavioral health and Developmental Services) are working together to improve communication including uniform messaging.
- DBHDS is demonstrating efforts at workforce development recognizing state and nationwide challenges in recruitment and retention in clinical services and licensed staff.

Evan Jones displayed a flyer noting that October is National Disability Employment Awareness Month, highlighting efforts to change attitudes, educate people about disability employment and to acknowledge the vast talents and value that workers with disabilities bring to the workplace.

There being no further business to come before the Committee, the meeting was adjourned at 6:06 p.m.

Actions Taken –

- Approval of the July 10, 2019 Behavioral Health Oversight Committee meeting minutes was tabled due to the lack of a quorum.

Date Approved

Clerk to the Board

Fairfax-Falls Church Community Services Board
Behavioral Health Oversight Committee
October 9, 2019

The Behavioral Health Oversight Committee of the Fairfax-Falls Church Community Services Board met in regular session at the Merrifield Center, 8221 Willow Oaks Corporate Drive, Fairfax, VA, Room 3-314, West

Committee Members in Attendance: Committee Chair, Diane Tuininga and CSB Board Member, Garrett McGuire

Committee Members absent: CSB Board Member Daria Akers and CSB Board Member Captain Basilio 'Sonny' Cachuela, Jr.

Associate Members in Attendance: Cathy Benn, Second Story; Peter Clark, No. VA. Mental Health Foundation (NVMHF); Wendy Gradison, Psychiatric Rehabilitation Services, Inc. (PRS); Lauren Goldschmidt, ServiceSource; Joe Pettit and Bill Taylor, Concerned Fairfax; and Eleanor Vincent, Pathway Homes, Inc.

Staff in Attendance: Georgia Bachman, Asst. Deputy Acute & Therapeutic Treatment Services; Evan ones, Employment & Day Services; and Lyn Tomlinson, Deputy Dir. Clinical Services

1. **Meeting Called to Order**

Diane Tuininga convened the meeting at 5:03 p.m.

2. **Opening Remarks, Introductions, and Announcements**

Diane Tuininga welcomed Committee and Associate Members as well as staff, who then introduced themselves including staff position or agency affiliation.

3. **Approval of the Agenda and Minutes**

Due to a lack of quorum at this meeting approval of the committee meeting minutes were tabled until the next meeting. Due to prior meeting cancelations or lack of a quorum, several months of meeting minutes will be submitted for review and approval, including February 13, May 8, July 10, and September 11, and October 9, 2019.

4. **Matters of the Public**

None were presented.

5. **Associate Member Reports, Updates, and Concerns**

Diane Tuininga opened the floor to Associate Members, several of whom provided information highlights of which are provided below:

- *Bill Taylor and Joe Pettit*, provided an overview of the Osher Lifelong Learning Institute (OLLI), noting it is a nationwide organization of approximately 125 institutions associated with universities to provide opportunities for lifelong learning. Partially funded by founder Bernard Osher, primary funding comes from annual dues. Noting the classes are intended for the Spring 2020 catalog, they are designed to offer providers an opportunity to communicate mental health resources in the community. Proposed classes/instructors include Diversion First/Gary Ambrose, Suicide Prevention/Wendy Gradison with PRS and

Employment resources/Lauren Goldschmidt with ServiceSource. Members were encouraged to further distribute this opportunity to other providers.

- *Wendy Gradison*, reported anticipation that PRS will receive funding from a capacity-building grant offered by the Department of Behavioral Health and Developmental Services (DBHDS). Reporting that many areas nationwide are failing to reach the industry standard call handle rate of 80 – 90%, the grant will provide for a trainer for Crisis Link as an alternative to on-line staff taking time from calls to train new staff.
 - Ms. Gradison further announced that PRS recently celebrated the 50th anniversary of Crisis Link, noting that Daryl Washington and Lyn Tomlinson were in attendance and received an award for the CSB's partnership with Crisis Link and suicide prevention efforts.
- *Lauren Goldschmidt*, provided several updates including:
 - Services for individuals with low income and at least one dependent child have expanded into Prince William and Stafford counties.
 - A Job Club has been established at Second Story
 - There is an Opiate Awareness Lunch & Learn at ServiceSource in Oakton,
 - Referring to a prior announcement, details of suicide prevention talks designed for teenage, young adult, and college age youth are near completion. Flyers will be distributed once finalized.
 - ServiceSource has planned a Staff of the Year Ceremony for next week at which several CSB Behavioral Health Employment Specialists will be honored.
- *Peter Clark* offered a reminder of the Pathways to Wellness Conference, encouraging attendees to register. In addition to CSB Service Director Michael T. Lane as keynote speaker, noted author Pete Early will also be a speaker. The Conference is Friday, October 18, 2019 at the Fairfax County Government Center. Additional information is available on the NVMHI website.
- *Eleanor Vincent*, provided an update to the recent state Workforce Development Workgroup, noting a focus on clinician training. Highlights of the update include:
 - An overview of the various types of licensure and credentialing and the related training requirements particularly for positions that can provide billable services. Outreach efforts to students in undergraduate psychology programs has been initiated. Further outreach efforts include students who have not yet selected a major.
 - There is consideration of employment while still in school, including apprenticeships, to provide work experience to prepare students to be employable at graduation.
 - It was confirmed that peers and Peer Support Specialists were included in the ongoing conversations, including how peers can advance in employment opportunities.

6. Challenge Question: Recruitment & Retention of Clinical Staff

Lauren Goldschmidt with ServiceSource, acknowledging the previous agenda item, requested feedback and comment related to challenges and more importantly solutions for recruitment and retention of clinical staff. A robust discussion ensued; some considerations included:

- Job-shadowing to give a candidate a clear picture of the job requirements prior to hire, noting this is done pre-background check recognizing some caution in allowing a candidate access to clients prior to a cleared background check.
- Adding a client to an interview panel as a means of assessing the interaction between candidate and client. Evan Jones noted that an individual receiving DD services was recently added to the interview panel for support coordinators/Case Managers, noting that the addition was of great value and benefit to the panel and the practice will be continued.
- Forthright explanations of job duties/tasks/responsibilities and salary to ensure a clear understanding of the position.
- Consideration of a group interview that includes staff already serving in the advertised position, role-playing and the value of hiring those who may lack experience, but have a positive interview.
- Georgia Bachman reported the use of a very useful 12 question Gallup employment survey that will be forwarded to the members.
- Additional challenges include retention of staff in consideration of egregious paperwork requirements and unsatisfied equipment requirements.

Attendees were reminded that this forum is available to all Associate Members and to please forward questions and matters of concern to the Committee Chair or the Clerk.

7. Staff Presentation: My Strength

Georgia Bachman provided an overview on a new digital behavioral health resource; My Strength. The CSB has enrolled in the program for two years, with a goal of making it widely available to the Fairfax Community including the cities of Fairfax and Falls Church. It was clarified that it can be used for interim assistance while an individual is waiting for a first treatment appointment. It was noted that the CSB will receive only aggregate data for users; no personal data will be shared. Cards with access information were distributed to all attendees, with encouragement to visit the program as well as broadly distribute the information. Highlighting the ProviderConnect profile/login that provides assistance to CSB staff, a Provider/Connect login is in development for partners to access. The program may be accessed at WWW.MyStrength.com, noting that the platform is also provided in a mobile app. Ms. Bachman will forward an access code to partner providers once available.

Following an enthusiastic reception, there was a robust discussion of the varied benefits available through this program.

8. Partner Feedback Form

Lyn Tomlinson directed attention to the Contract Partner Performance Report included in the materials, asking for feedback from the members present as the form is intended to prompt open and collaborative dialog. Several members offered feedback revisions that will be added to the comments received at other CSB Board committee meetings. Possible revisions included staff training to develop skills in this type of discussion, rephrasing the form to include open-ended prompts, removal of a scoring key, and others. Noting that this is an ongoing process, this matter will be a regular committee meeting agenda item until a reformatted form has been finalized.

9. Staff Reports

Lyn Tomlinson provided updates to recent activities, some highlights of which are:

- Woodburn Place/Crisis Care is now approved to accept individuals under a TDO (Temporary Detention Order) in a response to the state hospital bed crisis.
- There was a discussion of the ongoing challenges with Credible operation and outages including current and ongoing efforts to affect a permanent solution with a backup plan for ongoing or possible reoccurrence of service outages.
- Fairfax County Board of Supervisors Chairman Sharon Bulova and Braddock District Representation John Cook attended the most recent Diversion First Stakeholders Workgroup. Topics of discussion included the proposed name change for the CSB and locations to clarify the purpose and services of the CSB.
- A reminder that Woodburn/Crisis Care is moving to the building that used to house Boy's Probation services. The relocation recently came before the Planning Commission and following testimony from community members, the move was approved.

There being no further business to come before the Committee, the meeting was adjourned at 6:43 p.m.

Actions Taken –

- With no quorum, approval of the February 13, May 8, July 10, and September 11, 2019 Behavioral Health Oversight Committee meeting minutes was tabled until the November 2019 meeting.

Date Approved

Clerk to the Board