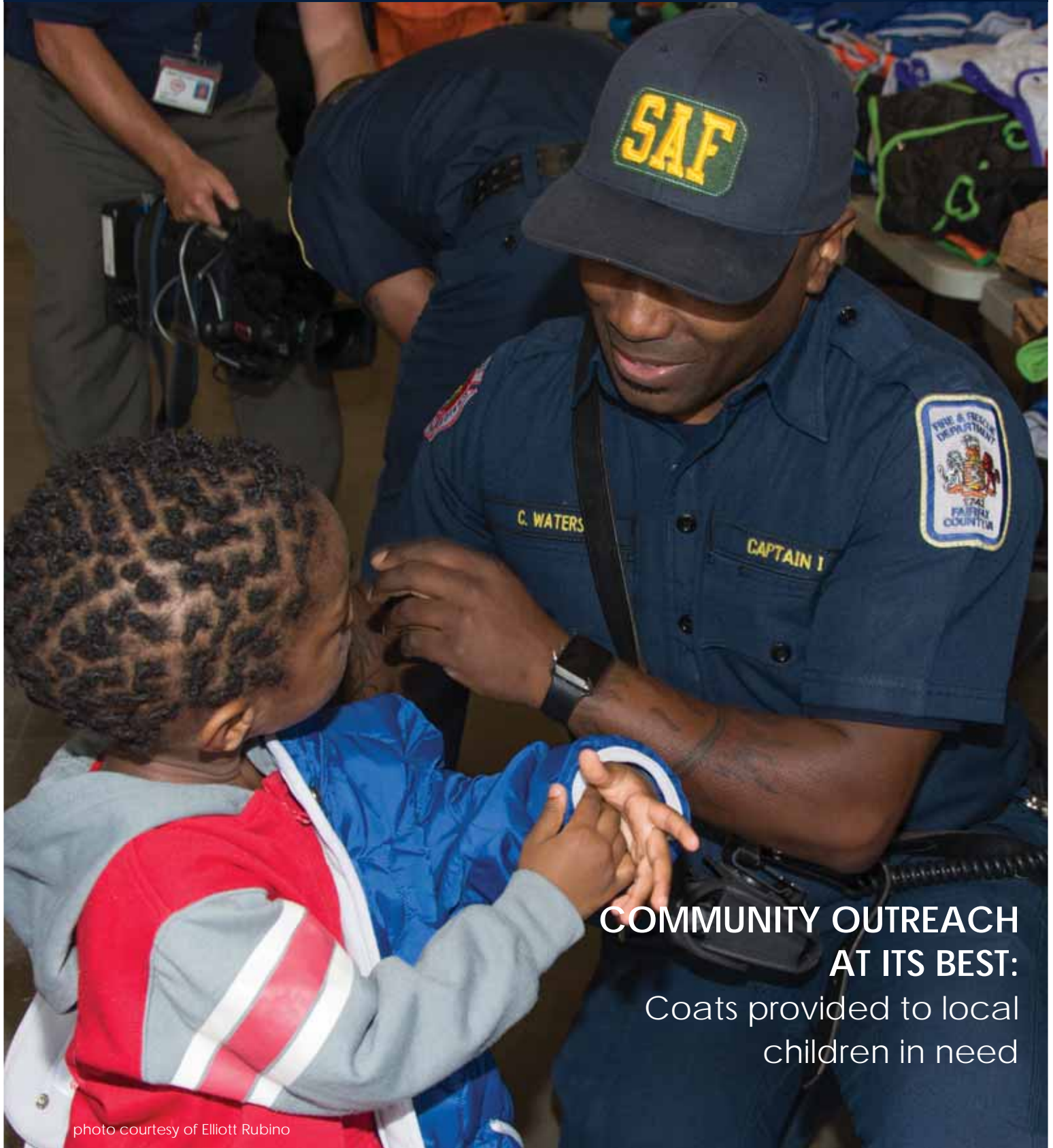


FRONT LINES



Fairfax County Fire and Rescue Department

December 2016



**COMMUNITY OUTREACH
AT ITS BEST:**
Coats provided to local
children in need

photo courtesy of Elliott Rubino

From The Fire Chief

Richard R. Bowers, Jr.



Change can be difficult and good!

Every year our area experiences the wonderful changes of seasons without any influence with Mother Nature by us. Each of the seasons bring change.

Over the last several years our department has experienced numerous changes. Everything from operational to administrative adjustments have occurred to move us further forward. Change is hard, difficult at times for some, but in the long run good for the troops and organization.

One of the most recent changes in the department is the placement of Captain Buck Best in the Behavioral Health Program. There are a number of behavioral health initiatives that are being implemented to strengthen and enhance the support for our men and women.

If we continue to do things the same way we will continue to experience the same results. Although at times these results might be the best - how would we know if we don't try new things and effect change.

I encourage our career and volunteer women and men along with our civilian staff to make suggestions to effect change, to present ideas to effect change and to bring solutions to make effective changes to our mission!

Change can be difficult and Good! It is healthy too! Thank you for your dedicated service to the residents of Fairfax County!

Respectfully,

A handwritten signature in black ink that reads "Richard R. Bowers". The signature is written in a cursive style.

Fire Chief Richie Bowers



FIRE CHIEF'S EXPECTATIONS

BE READY, BE SAFE
BE FIT AND HEALTHY

BE KIND
AND RESPECTFUL

EMBRACE DIVERSITY
AND MENTOR

EXECUTE THE BASICS
PERFECTLY

TRAIN, TRAIN, TRAIN

WORK
TOGETHER

COMMUNITY
OUTREACH



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Richard R. Bowers, Jr., *Fire Chief*
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Cathy Jo Richards, *Copy and Web Editor*

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Fairfax County
Fire and Rescue Department
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FRONTLINES is the newsletter of the Fairfax County Fire and Rescue Department and is published by the department's Public Affairs and Life Safety Education staff. Questions regarding deadlines or publication schedule should be addressed to Ashley Hildebrandt. All submissions should be sent to Public Affairs and Life Safety Education, marked "Attn: Editor, FRONT LINES."



photos courtesy of Elliott Rubino

FIRE STATION 11 HOSTS ANNUAL COATS FOR KIDS EVENT

At the end of October, the Fairfax County Fire and Rescue Department, Firefighters Coats for Kids, and Operation Warm came together to hand out over 1,600 new coats to kids throughout Fairfax County. The kids arrived on buses and were greeted by fire, police, and sheriff employees and numerous volunteers. Each child was partnered with a public safety representative or volunteer who helped them find a new coat that fit perfectly. After choosing a coat, each child picked out a book to take home. As the kids made their way back to their bus they got a chance to meet with some adorable visitors from Caring Angels Therapy Dogs.

FALL 2016 CITIZENS FIRE AND RESCUE ACADEMY GRADUATES

On November 17, the Fall 2016 Citizens Fire and Rescue Academy class graduated with a ceremony and celebration at Station 40, Fairfax Center. For nine weeks, the class was hard at work learning about the Fairfax County Fire and Rescue Department. Congratulations and job well done!

The graduates had many accolades to give following the class. In an email to Chief Bowers, Kathy Nudi wrote:

“Chief Bowers asked the recent class of the Citizens Fire and Rescue Academy what they learned during the weeks we participated in the class sessions. Not being one who feels comfortable speaking in front of a group (and maybe not that quick to think of exactly what I would want to say), I didn’t raise my hand to participate in the discussion. But, had I done so, I would have said something like this:

I would have said that I learned that the Fairfax County Fire and Rescue team is the most highly trained and highly skilled team anyone could possibly want working for them.

I would have said that I learned that the men and women of the team are a group of truly dedicated individuals who have a real desire to help and assist the residents of Fairfax County.

I would have said that I learned that no matter what the emergency, dilemma, catastrophe, etc., the men and women of the Fairfax County Fire and Rescue Department (FCFRD) could always be counted on to respond in a timely, professional, and truly dedicated manner.

I would have said that I am very proud to have taken part of such an organized, professional, informative demonstration of the multifaceted units of the FCFRD.

I would have said that I wish everyone who lives in

Fairfax County could have the opportunity to see and learn what I was fortunate enough to see and learn.

I would have said more, I’m sure, but by this time someone would have gotten a hook and “pulled me off the stage.” I have already sung the praises of the FCFRD to fellow neighbors and anyone else who would listen.

I just want to again thank Chief Bailey for all the work and effort he put into making our experience truly enlightening and unforgettable. And, of course, I want to thank the men and women of the FCFRD teams for their tireless work and devotion to our citizens.”

CFRA Graduate Joan Cade took the time to write Supervisor Cook an email about her experience and the appreciation she has for the department.

“I’d also like to tell you of a wonderful experience I’ve had. A friend and I signed up for the Citizens Fire and Rescue Academy. Battalion Chief Willie Bailey orchestrated such a memorable experience! We learned so much about what our county fire and rescue teams do to keep us safe and rescue us when we are in danger. The professional and volunteer members of the Fairfax County Fire and Rescue teams approach their jobs with enthusiasm and joy. It was impressive. They also gave us experiences I never dreamed I’d have.

As I said at our last session which was a delicious dinner provided by Station 40, I learned two important lessons:

1. I will never move out of Fairfax County because I am well protected.
2. I am a proud taxpayer because I get a lot for the taxes I pay.

I can’t begin to tell you how impressed and excited I was to have this experience.”

Thank you to everyone who helped to make the Fall 2016 Citizens Fire and Rescue Academy a success.



in the Community



On December 6, Fire Station 5, Franconia, cooked breakfast for the police officers that work in their community as a way to say thank you for protecting and serving. French toast, bacon, sausage gravy, and scrambled eggs were prepared by the firefighters. Thank you to our brothers and sisters in blue for all you do!



In October the Life Safety Education crew spent time talking about fire prevention and safety at the National Air and Space Museum's Air and Scare, the annual Halloween event at the Udvar-Hazy Center in Chantilly, Virginia.



Once a month a crew from one of Fairfax County Fire and Rescue Department's fire stations stops by Inova Children's Hospital to visit with kids, parents, and staff. The firefighters answer questions, show off their gear, and try to brighten the day of everyone they meet.



In December, Associate Medical Director Dr. Dan spoke to Boy Scout Troop 149 about first aid and emergency medicine.



Fire Station 22, A-Shift, participated in a Kids Day event at the Old Navy in Springfield on October 3. Representatives from police, fire, and other agencies were on hand to visit with kids and parents.



Fire Station 27, West Springfield, C-Shift made some new friends at the West Springfield High School Spartan Sprouts Preschool program on November 9.



Fire Station 12, Great Falls, showed their holiday spirit with a spectacular light display outside the fire station.



Fire Station 16, Clifton, was on hand at the town's annual Christmas Tree lighting.



Fire Station 36, Frying Pan, got creative with their tree decorations this year.



Nicole V. Brown, MS, RDN, LD ACSM EP-C, PSOHC Nutrition Consultant

Many people find it is helpful to not let more than three to four hours pass without eating something. This can help manage blood sugar levels and prevent the overeating that often follows longer periods without eating. Keeping snacks on hand in a to go kit, at the station, or at home can help stave off hunger and prevent blood sugar crashes.

It is important to always be prepared. Applying the same skill set to meal and snack planning that we use on a daily basis to schedule appointments, prepare our gear, work out, keep our cars fueled, makes all of this doable. Let's not leave healthy eating and hydration to chance.

SHELF STABLE: READY TO EAT (RTE)

- Enlightened Sea Salt Roasted Broad Beans.
- The Good Bean Crispy Chickpeas.
- Seapoint Farms Dry Roasted Edamame.
- Freeze dried fruit: raspberries, blueberries, bananas, strawberries, apple slices. So sweet, but no sugar added and they come in resealable packages.
- Almonds, pistachios, walnuts, peanuts: 100 calorie pack from Blue Diamond Lightly Salted or Whole Natural Almonds or Emerald Natural Almonds and Walnuts or Natural Almonds, 210 calories Trader Joe's Just a Handful of Dry Roasted Unsalted Nuts, or a

half cup of pistachios in the shell is about 160 calories. A easy way to control portion size is to refill an old Altoids tin or snack baggie with $\frac{1}{4}$ cup nuts. A plastic two ounce salad dressing container that you might get at a salad bar holds an ounce of almonds.

- Popcorn is a whole grain and provides fiber, crunch, flavor, and volume.

Skinny Pop: each 100 calorie bag contains terrific taste and only 45 mg sodium.

Make your own popcorn: two tablespoons canola oil and one cup kernels: stir to coat kernels. High heat in a large metal pot (makes approximately 23 cups). When kernels start to pop, place lid on pot and shake over heat until popping stops. Place popcorn in brown grocery bag and add $\frac{1}{2}$ teaspoon salt or some low sodium fajita seasoning mix. Place individual portions in zip loc bags. This delicious snack has approximately 40 calories a cup and it keeps for days in zip loc bags.

- Rhythm Superfoods: Roasted Kale 50 calories per serving.
- Dried fruit: apricots, raisins, plums: chewy and yummy!

Takes a little preparation:

- Peanut powder (like Jif or PB2 from Bell Plantation): Mix two tablespoons powder with one tablespoon water and voila, you have two tablespoons peanut butter at 45

calories and 5 grams protein compared to two tablespoons of regular peanut butter for 200 calories and 8 grams protein. It is easy to travel with the powder and just add water. You can also add peanut powder to yogurt or oatmeal to boost the protein and flavor! Note, there are no preservatives in peanut powder so don't mix up too much at once if you can't pop it in the refrigerator!

STOCK THE FREEZER

- Trader Joe's Edamame: Buy frozen and defrost in the refrigerator overnight. These are cooked with a hint of salt. Simply defrost and put in a plastic container or snack baggie for a tasty snack with protein and fiber!
- Halo Top Light Ice Cream: This treat is relatively new to the grocery store. A half cup serving has 60 - 70 calories and six grams of protein. An entire container has 240 - 280 calories and 24 grams of protein! Halo Top can be found at Wegman's, Giant, and Whole Foods.

REFRIGERATOR REGULARS

- Veggies and Dips. Refer to the October 2016 Nutrition Action (page 15) for brand name ratings. Nutrition Action should be in the Nutrition Primer at your station.
- Cheese sticks (try jalapeno) and an apple.
- Hard boiled eggs and salsa.
 - Yogurt (Ask me to email you a yogurt buying guide):

Oikos Triple Zero Greek Yogurt
 Sigg's Icelandic yogurt: lower in lactose, a great source of protein for the calories, and a source of calcium!

Let's think ahead, pack a snack (or two), decrease impulse eating. All the while promoting our health!

Please contact me with questions and feedback!

Nicole V. Brown, MS, RDN, LD ACSM EP-C
 PSOHC Nutrition Consultant
Nutrition.fitness@verizon.net
 703.969.6114



FIRE STATION 40 FEATURED ON FOX5 FIREHOUSE FRIDAY



On October 28, Fire Station 40, Fairfax Center, B-Shift, was featured on FOX5's Firehouse Friday segment. The crew was treated to donuts and coffee. Reporter Erin Como made everyone feel right at home - even commenting on Captain Joel Koberstein's "epic" moustache.



Taking Up *retirements*



Michael J. Garcia
Captain II

Entry Date: October 15, 1984

Retirement Date: October 15, 2016

Recruit School: 61

Assignments: 10-C, 11-C, 24-C, 10-C, 26-C, 11-B, 1-B, 15-C.

Likes About the Fire Department: Working with others to solve problems and overcome obstacles.

Will Miss About the Fire Department: The routine of shift work. Firehouse banter and meals at the kitchen table.

Plans for the Future: Travel.

Words of Wisdom: Don't be a minimum performer.

What Got You Interested in the Fire Service? Started as a volunteer in 1982.

Who or What Made an Influence in your Career? Everyone you meet influences you somehow. Follow the one's setting a positive example.

CONSTRUCTION CONTINUES ON NEW PUBLIC SAFETY COMPLEX



These aerial photos show the new public safety complex being built near the Fairfax County Government Center. The new building is anticipated to open in fall 2017 and will house police and fire.

TUNE IN TO FIRE AND RESCUE DIGEST ON CHANNEL 16



Did you know the Fairfax County Fire and Rescue Department has a segment on Channel 16? Fire and Rescue Digest debuts quarterly and highlights programs and happenings within the department. You can view current and past episodes at the Fairfax County YouTube page.

A NEW STATION IN TOWN: FIRE & RESCUE STATION 4, HERNDON

Work continues on the new Herndon Fire Station. It is anticipated that the new facility will be completed and ready for occupancy by spring 2017.

The previous station was approximately 8,000 square feet. The old building was demolished and replaced with a new approximately 22,319 gross square-foot three level fire station (pictured right). The basement level is approximately 8,552 gross square feet with parking for 19 vehicles, storage, vertical circulation and a sprinkler/water room. The ground level is approximately 6,538 gross square feet and includes three back-in apparatus bays, associated operations areas, three offices, dining, kitchen, toilet room and vertical circulation. The upper level is approximately 7,229 square feet and includes bunk rooms, lockers/toilet rooms, laundry, storage, exercise room, day room, mechanical/electrical/information



technology support rooms, vertical circulation and an outdoor patio.

The project has a goal of silver certification under the LEED® Green Building program.

Hot Shots



Reston Area: Units from Fire and Rescue Station 39 responded to an above grade rescue on October 28, 2016. (Photos by Master Technician Joe Kieler)



**7631-A Fullerton Road:
September 23, 2016**

A late evening fire at a warehouse caused approximately \$50,000 in property damage before the fire was brought under control.



**Annandale Basement Fire:
November 13, 2016**

An early morning basement fire in the 4500 block of Hillbrook Road caused approximately \$100,000 in damage. The cause was accidental; storage of combustibles placed too close to the boiler system caused the fire. (Photos by Captain I Reginald Wadley)



In the Burke area of Fairfax County, units from Battalions 4, 5, and 7 responded to a tractor trailer fire behind a building in the 8900 block of Burke Lake Road.



On Saturday, October 1, fire and rescue stations from the 4th Battalion participated in an acquired structure training fire at 4624 Willow Run Drive in the Annandale area of Fairfax County. An acquired structure is one in which a home or building is donated to the fire department by the owner(s) as the structure is set to be demolished for a variety of reasons. (Photo provided by BC Dan Shaw)



Multiple Vehicle Collision: Wednesday, November 2, 2016. At approximately 3:25 p.m., Units from Battalion 6 were on the scene of a multiple vehicle collision with a person trapped on I-95 Southbound prior to Lorton Road.

2016 FIRE PREVENTION OPEN HOUSE WINNERS!



Battalion 1 - FS39



Battalion 2 - FS42



Battalion 3 - FS15



Battalion 4 - FS18



Battalion 5 - FS22



Battalion 6 - FS11

Congratulations
to each of the
winning stations!



Battalion 7 - FS14



2016 Fire Prevention Open House



Fire Prevention Open House 2016 was held on Saturday, October 15. All 38 stations opened their doors to the residents of Fairfax County. Everyone had a great time participating in the activities! Thanks to all the station personnel and volunteers for making this year's open house another great success!





To: FS25 A-Shift. For designing and mounting the new "25" on the hose tower at FS25. Special thanks to Lieutenant Matthew Louzonis for the design, artwork, and painting. **From: Captain II Eric F. Cunningham.**

To: Captain I Todd O'Brien, Lieutenant Karl Roche, Chauffeur Rodney Snapp, and 30-A. For the knowledge you imparted upon me during my Lieutenant training while riding TL430. The things I learned and saw while there will forever be embedded in my psyche. Special thanks to Kris Keyser for the ultimate plank. **From: Lieutenant Dan Sova.**

To: Captain I Carmen Alessi and Lieutenant Derrick Penny. For the knowledge and street smarts you passed on to me while doing my Lieutenant training on R401. **From: Lieutenant Dan Sova.**

To: Bill Padgett, FS02 Volunteer. Thank you for providing ongoing training on the maintenance and operation on our Stihl power equipment. Your willingness to share your extensive knowledge is greatly appreciated. **From: Fire Station 1, B-Shift.**

To: Firefighter Marcus Woods, Firefighter/Medic Ryan Beutenmuller, Firefighter Tyler Weaver, Technician Jeff Williams, Master Technician Rick Forte. Congratulations on completing your back-up driver qualifications and thanks to the shift members who assisting them in preparing for the test. **From: Fire Station 1, B-Shift.**

Please send submissions to backstepkudos@gmail.com. Each submission should be one or two sentences and contain three items of information: "To," "For," and "From."

Top 10 Activity Report

July - September 2016

Ambulance		Engine Company		Rescues	
Unit	Calls	Unit	Calls	Unit	Calls
A 410E	109	E 410	895	R 421	459
A 413E	90	E 408	871	R 426	429
A 422E	69	E 409	838	R 411	350
A 402E	50	E 411	826	R 418	326
A 421E	31	E 429	818	R 414	292
A 414E	27	E 430	809	R 401	285
A 401E	25	E 422	804	R 419	278
A 438E	21	E 413	686	R 439	256
A 417E	12	E 404	673	R 439B	1
A 402E	11	E 405	670		
Medic		Ladder Company		Battalion Chiefs & EMS Captains	
Unit	Calls	Unit	Calls	Unit	Calls
M 422	716	T/TL429	653	EMS404	447
M 430	708	T/TL425	558	EMS405	384
M 426	651	T/TL408	497	EMS403	365
M 405	645	T/TL430	491	BC401	337
M 408B	623	T/TL436	490	EMS406	311
M 429	620	T/TL410	483	EMS402	307
M 425	616	T/TL411	474	BC404	297
M 413	600	T/TL422	440	EMS407	233
M 408	594	T/TL440	394	BC403	193
M 404	585	T/TL405	369	BC405	182

Unit activity is compiled from the event history file. A unit must be dispatched to a call or added on to be counted. Mutual aid dispatches are included in the activity report.

Large Loss Fire Investigations

Date: 8/15/2016	Box: 41317	Address: 2437 Caron Ln.	Type: Residential
Cause: Accidental	Value: \$434,830	Loss: \$70,000	Status: Open
Date: 8/24/2016	Box: 42300	Address: 9407 Wrought Iron Ct.	Type: Residential
Cause: Incendiary	Value: \$424,950	Loss: \$90,000	Status: Open
Date: 8/29/2016	Box: 40942	Address: 2725 Arlington Dr., #102	Type: Residential
Cause: Accidental	Value: \$424,950	Loss: \$90,000	Status: Closed
Date: 8/30/2016	Box: 41620	Address: 12025 Fairfax Station Rd.	Type: Residential
Cause: Accidental	Value: \$410,538	Loss: \$70,000	Status: Closed
Date: 9/2/2016	Box: 42700	Address: 8812 Cameo Square	Type: Residential
Cause: Accidental	Value: \$331,725	Loss: \$125,000	Status: Closed
Date: 9/3/2016	Box: 42602	Address: 6347 Montrose St.	Type: Residential
Cause: Undetermined	Value: \$387,212	Loss: \$88,000	Status: Open
Date: 9/10/2016	Box: 40939	Address: 9017 Beatty Dr.	Type: Residential
Cause: Accidental	Value: \$458,775	Loss: \$93,750	Status: Open
Date: 9/10/2016	Box: 40500	Address: 6214 Clara Edward Te	Type: Residential
Cause: Accidental	Value: \$776,588	Loss: \$250,000	Status: Closed
Date: 9/11/2016	Box: 44103	Address: 8065 Oak Crest Lane	Type: Residential
Cause: Accidental	Value: \$1,400,287	Loss: \$460,000	Status: Closed
Date: 9/19/2016	Box: 41700	Address: 6007 Saint Hubert Ln.	Type: Residential
Cause: Accidental	Value: \$359,525	Loss: \$93,750	Status: Closed

Please Share Your Pictures with Us!

The Public Affairs and Life Safety Office is always looking for interesting action and event pictures to include in *Front Lines* and on social media. Share your pictures with us and we will make sure you get recognized. Please submit to either:

- Ashley Hildebrandt at ashley.hildebrandt@fairfaxcounty.gov
- Bill Delaney at william.delaney@fairfaxcounty.gov

Please include all photo information such as date, location, event type, etc.



Fairfax County Fire and Rescue Department
Attn: Fire Chief Richard R. Bowers, Jr.
4100 Chain Bridge Road, 7th Floor
Fairfax, VA 22030

November 3, 2016

Dear Fire Chief Bowers,

On Saturday, Oct. 29th, Annandale Station 8 went above and beyond. The Fire Department has always been one of the highlights at our fall "Day in the Park" event at Luria Park. It's not only attended by HRA residents but those from the nearby Raymondale community.

Two fire trucks and two ambulances with attendant crews arrived to make it a truly special afternoon. Both children and adults were amazed to see the equipment up so close, and the firefighters were eager to field questions from us curious civilians. They were extremely knowledgeable and personable.

I also wish to express thanks for the many ways that Station 8 has supported HRA throughout the years. At our community-wide Civic Association meeting in spring, the "8-Balls" have consistently provided presentations to further emergency preparedness for our residents. Explanation of and willingness to conduct CERT Team training, distribution of "File of Life" packets, and valuable safety education information were among the topics covered last May.

Suffice it to say, community outreach from the Fire Department must require a great deal of coordination to make it happen. At a moment's notice, Fairfax County Fire and Rescue first responders must react when mission calls.

On a personal note, I have witnessed Annandale Station's response efforts for a couple of our next-door neighbors. One was a close friend with many chronic health problems. The firefighter/paramedics immediately responded, stabilized her, and transported her to INOVA twice in one day. On the second call, she wasn't breathing. They were able to resuscitate and transport her. Our Fairfax first responders are professional and efficient, but what I was especially impressed with was how caring and kind they were.

There are, undoubtedly, many similar incidents in HRA when their quick reaction was able to save lives.

Again, I would like to express sincere gratitude to the Fairfax County Fire and Rescue Department and, especially, Annandale Station 8 for its exemplary service to the residents of Holmes Run Acres.

Sincerely,

Lindy Tagliaferri
Lindy Tagliaferri, Emergency Preparedness Committee
Holmes Run Acres Civic Association
3411 Hartwell Ct.
Falls Church, VA 22042



Dear Chief Bowers,
My sister was stricken with cancer and your "manpower" firemen came to her house on more than one occasion to pick her up when she had fallen or to help her in and out of the car. I don't know what my 87 year old mother would have done without them. You have a wonderful crew

and they do a great job.

She passed away on Oct. 9 from a brain tumor.

We are forever grateful for your services.

In lieu of flowers my boss wanted to donate to the wonderful people who did so much for my sister.

Tender Thoughts Sincerely
The Bowers
and family

awards & presentations

Career Achievement Awards

Deputy Chief Andrew L. Duke
Battalion Chief Bill C. Betz

Unit Citation Awards

Burke Lake Water Rescue

Captain I Hugh C. Clarke
Master Technician
William L. Kendall
Technician Ryland W. Chapman
Technician Kurtis S. Reakoff
Firefighter Dustin A. Green

Incident Response Safe Driving Awards

Master Technician Scott E. Herbert
Technician Christopher F. Martin

Team Performance Award

2016 EMS Technician Promotional Exam

Master Technician
Christopher A. Zach
Technician Jason M. Buttenshaw
Technician John D. Flynn
Technician William A. Harrington
Technician Jason J. Kim
Technician Alyssa J. Vance

Length of Service Awards

35 Years

Lieutenant Charles F. Adams, Jr.
Lieutenant David M. Lauer

30 Years

Captain II Raymond E. Griffin, Sr.
Captain II Stephen E. Miller
Captain II John R. Niemiec
Captain II Joseph Palau III

Captain II Kendall Thompson
(retired)

Captain II Donald L. Vaught
Captain I James B. Johnson
Captain I Peter B. Masters
Captain I Matthew P. Ryan
Lieutenant Jeffrey R. Allen
Lieutenant Ben A. Dye
Lieutenant Eugene L. George
Lieutenant Jeffrey F. Klopp
Master Technician
Philip C. Deveraux
Technician James T. Franklin
Technician David A. Neilan
Firefighter James A. Breisch (retired)
Captain II Calvin M. Alexander, Jr.
Captain II Matthew C. Barnhart
Captain II Timothy O. Barb

June 2016 West Point Leadership Course Graduates

Captain II Mark Guditus
Captain II James P. Hobgood
Captain II Victor M. Miller, Jr.
Captain II Donald L. Vaught
Captain I Felicia N. Barnes
Captain I Earl J. Burroughs
Captain I Michael J. Fontana
Captain I Michael J. Greulich
Captain I Matthew P. Ryan
Captain I John W. Streeter III
Captain I Nicholas Weresnick III
Captain I David A. Winter
Lieutenant Amy L. Brantley
Lieutenant Keith F. Bresnahan
Lieutenant Robin S. Clement II
Lieutenant Gregg J. Dojcek
Lieutenant Brian A. Gallamore
Lieutenant John B. Haywood
Lieutenant Sarah C. Joliat
Lieutenant Jason G. Pryor
Lieutenant John W. Rogers
Lieutenant Michael S. Taylor
Lieutenant Christopher Warner
Eric K. Fisher, GIS Analyst III
Diane M. Hansen,
Fiscal Administrator
Victoria L. Kammerude,
Human Resources Generalist I
Kirsten J. Schneider,
Human Resources Generalist I

Professional Development Recognition

Degrees and Certifications

Assistant Chief Reginald T. Johnson
Assistant Chief Charles W. Ryan III
Deputy Chief Andrew L. Duke
Battalion Chief Ryland B. Kendrick
Captain II Charles R. Cunningham
Captain II Brian C. Edmonston
Captain II David Sellers
Lieutenant Jeffrey H. Carney, Jr.
Lieutenant David M. Lauer
Lieutenant Timothy W. Palmer
Barry Hall, Code Specialist II
Timothy D. Schwarting, Inspector III
Nicole M. Varnes,
Financial Specialist III

Volunteer Firefighter Graduates

Nader A. Abdalla
Steven J. Balk
Justin S. Brammer
Cameron A. Davis
Christian T. Dawson
Sean W. Donoghue
Michael D. Nail
Shawn B. Payandeh
Jack A. Prudence
Eric D. Yang

Front Lines Deadlines

The deadlines for the upcoming 2017 Front Lines issues are February 15, May 15, August 15, and November 15. Please submit articles or text to Ashley Hildebrandt (ashley.hildebrandt@fairfaxcounty.gov).



Technician Jim Franklin, Fire Station 40, Fairfax Center, B-Shift, receives his Senior Service Award for 30 years of service to the residents of Fairfax County. Presenting is Deputy Chief Joe Knerr.



Captain II Merv Barrera presents Mr. Gary Seegers with a citizen recognition award. Mr. Seegers is a maintenance Technician at Amberleigh Apartments in Merrifield. On Friday, September 9, 2016, there was an apartment fire in one of the buildings. He was recognized for alerting occupants of the apartment in a quick and efficient manner, saving lives.



Deputy Chief Zoldos presents Lieutenant Jeff Klopp, Fire and Rescue Station 38, A-Shift, his 30-year career achievement award.



Celebrating 30 years of service for Captain Steve Miller, Fire Station 16, Clifton, C-Shift.



Deputy Chief Zoldos presents Lieutenant Charles Adams, Fire and Rescue Station 36, A-Shift, receives his 35-year career achievement award.



Technician David Neilan, Fire and Rescue Station 26, A-Shift, receives his 30-year career achievement award.

Firefighter Program Introduced at Chantilly Academy

by Fairfax County Public Schools

High school students interested in becoming professional firefighters can get a head start on their training by taking a new firefighting course offered at Chantilly Academy. The course, which focuses on skills development and concentrates on teaching the students to perform safely and effectively as firefighters, was introduced this year. Chantilly Academy is one of six high school academies in Fairfax County Public Schools.

Thirteen juniors and seniors make up the first class, however, enrollment for future classes will be limited to seniors. Juniors will be encouraged to take Fire and Emergency Medical Sciences in 11th grade in order to earn their National Registry of Emergency Medical Technicians certification.

To be admitted to the program, students must complete a basic physical exam. Future students may be required to take a physical endurance test in order to ensure they can meet the physical stress of firefighting and to ensure they are not putting their own safety or that of their classmates at risk.

Students attend the firefighting course on their "B" days at the Fairfax County Fire Academy, taught by a VDFP (Virginia Department of Fire Programs) qualified instructor. Because of the number of credits and hours required to educate, train, practice, and certify the students, they spend full days at the fire academy. Students take their other required coursework at their base school during the remainder of the week.

Students receive instruction in fire service history; cardiopulmonary resuscitation (CPR) for adults and children; first aid; utility ropes and knots; ladder usage (lifts, carries, commands); search and rescue; water supplies (hose and hydrants); power tools; forcible entry; control, origin, and cause of fire; fire ground survival, and



hazmat materials. Once students have completed their coursework, they can sit for the firefighting certification exams in the spring.

Michelle Flynn, manager of health and medical sciences programs in the FCPS Instructional Services Department, says that feedback from both students and parents has been overwhelmingly positive. "I talked to the kids a few weeks ago and asked them about their favorite part of the class and what they found most challenging," says Flynn. "Many of them cited that the part they've found most challenging has also been their favorite." Flynn adds that all of the students plan to pursue a career that involves fire service, either in a municipality or through the military.

Once students successfully pass the certification exam, they are still required to apply to and complete the professional recruit school through Fairfax County Fire and Rescue. "However, having been successful in our program will be a definite plus for them when their information is reviewed," says Flynn, who adds that smaller fire departments may accept completion of the high school course in order to hire graduates of the program.

Retirements

Brenda K. Bauman, Management Analyst I
December 9, 2006 - September 23, 2016

Deputy Chief Rodney V. Colbert
April 9, 1990 - November 4, 2016

Mary C. Mangione, Program Manager
Fiscal Services
October 18, 2004 - December 2, 2016

Captain II Michael J. Garcia
October 15, 1984 - October 15, 2016

Master Technician Michael D. Macario
August 1, 1977 - September 18, 2016

Anniversaries

42 Years

David C. Phillips, Inspector II

32 Years

Battalion Chief Mike A. Dell
 Captain II Michael J. Garcia

31 Years

Master Technician George C. Hood II
 Battalion Chief Jerome I. Williams

30 Years

Lieutenant Ben A. Dye
 Captain I James B. Johnson
 Lieutenant Jeffrey F. Klopp
 Captain II Joseph Palau III
 Captain I Matthew P. Ryan

10 Years

Firefighter Michael B. Brown
 Firefighter Richard A. Cantarella
 Firefighter Gage E. Chalmers
 Lieutenant Vernon T. Corbin, Jr.
 Technician Sergio I. Cuelo
 Matthew W. Davis, Financial Specialist I
 Technician Rosemary E. Dawley
 Technician Andrew G. Dubinsky
 Master Technician Stephen A. Haines
 Technician Antwaun L. Hawkins
 Lieutenant Adam C. Heming
 Firefighter Magaly I. Hernandez
 Firefighter Baatarjav Javkhlan
 Firefighter Adriean L. Lipscomb
 Technician Jorge M. Martinez
 Maura M. Power,
 Management Analyst III
 Lieutenant Eddie L. Price
 Master Technician Jacob L. Quirke
 Firefighter Julie A. Ray
 Master Technician
 Christopher L. Rinderknecht
 Lieutenant Damian C. Ripley
 Master Technician
 Benjamin H. Roadruck
 Technician Peter Torres
 Reny M. Varghese,
 Network/Telecommunications Analyst I
 Bruce A. Webb,
 Administrative Assistant V
 Firefighter Brandon M. Winfield

5 Years

Firefighter/Medic Robert Blasetti, Jr.
 Technician Kyle R. Bowmaster
 Firefighter Sidney B. Boyd
 Technician Bradley M. Chilva
 Firefighter Thomas Y Chong
 Technician Felix K. Clement

Firefighter Charles A. Cabbage
 Technician Travis L. Franks
 Firefighter Joshua D. Imlay
 Firefighter Justin W. Jackson
 Technician Melanie L. Jenkins
 Firefighter Maillm D. Manzano
 Technician Aaron J. Miller
 Technician Chase E. Munos
 Firefighter Hakim R. Newsome
 Technician Andrew M. Noriega
 Firefighter Ted T. Pak
 Firefighter Christopher G. Puzanghero
 Firefighter Jovan A. Reid
 Technician Matthew D. Rife
 Technician Bryan Selent
 Technician Eric C. Villman
 Technician Justin E. Walker

New Hires

Natalie Berger,
 Financial Specialist IV
 Fiscal Services

Kyle Cash,
 Assistant Apparatus Supervisor
 Apparatus South

Nicole L. Hutt,
 Administrative Assistant III
 Human Resources

James R. Johnson, Fire Inspector II
 Fire Prevention

Merin Mani, Financial Specialist III
 Fiscal Services

in memoriam



Retired Technician Howard B. Cronk, Jr.

Date of Passing: October 20, 2016

Dates of Service:

January 24, 1972 - October 30, 1992



Retired Firefighter James H. Harrison

Date of Passing: October 29, 2016

Dates of Service:

January 24, 1972 - December 30, 1992



Retired Captain Greg McIntosh

Date of Passing: December 14, 2016

Dates of Service:

April 12, 1976 - October 27, 2006



Retired Deputy Chief Freeland G. Young, Jr.

Date of Passing: July 1, 2016

Dates of Service:

August 17, 1964 - December 21, 1985

Fairfax County Fire & Rescue Department

Attn: Public Affairs and Life Safety Education

4100 Chain Bridge Road

Fairfax, Virginia 22030



A publication of
Fairfax County, VA



Captain II

David K. Gruendel

Station Profile **Fairfax Center**

Fire and Rescue
Station 40



Station constructed: 2006

Station specialty: Hazardous Materials

Square miles in first due area: 7.2

Specific hazardous/target areas: Fairfax County Gov't.

Center Complex, Fairfax Corner Shopping Center, Costco, Home Depot, Fairfax County Fire and Rescue Academy, MPSTOC, VDOT Complex, Interstate 66, I-66 Transfer Station, Police Helicopter Unit, North Apparatus, and DVS.

Equipment assigned to station: Engine, Tower, Medic, Hazmat Unit, Hazmat Support Unit, and EMS 403.

Total calls in 2015: 7,353

Station personnel: **A-Shift:** Captain I John E. Higginbotham, Lieutenant Kristi L. Bartlett, Lieutenant Jeffrey L. Ware, Master Technician Aleksandra O. Kazmar, Master Technician Britt M. Phelps, Master Technician Hector J. Rivera Flores, Master Technician Michael R. Zdunski, Technician Lillie Allen-Peyton, Technician Adam S. Bartman, Technician Scott R. Fickes, Technician Kyung S. Ha, Technician Chase E. Munos, Technician Tegarassen Rungen, Technician John H. Woodward, Firefighter Kathryn F. Buist, Firefighter Arthur L. Claiborne, Jr., Firefighter Stephen J. Painter **B-Shift:** Captain II David K. Gruendel, Lieutenant Kenneth C. Dobbs, Lieutenant Claude R. Johnson, Jr., Lieutenant John C. MacInyak, Master Technician Jermaine L. Jones, Master Technician Gregory A. Keppley, Master Technician Joel J. Kobersteen, Technician Jorge A. Arce Cuzzi, Technician Adam M. Armstrong, Technician Alfred M. Doughty, Technician Svetlana V. Feofanova, Technician James T. Franklin, Technician Nathan R. Gangler, Technician Alessandra C. Hurtado, Technician Christopher M. Welch, Firefighter/Medic Thomas G. Walk, Firefighter Seo H. Chae, Firefighter Christopher D. Jarvis, Firefighter Justin R. Richardson. **C-Shift:** Captain I Mark A. Nash, Lieutenant Scott Kraut, Lieutenant Vitor M. Rocha, Master Technician Matthew T. Groff, Master Technician Brian P. Jenkins, Master Technician Robert T. Seward, Master Technician Jeffrey L. Smith, Master Technician Daniel R. Thompson, Master Technician Richard C. Vannoy, Master Technicina Clifford A. Watson, Technician Smith T. Banks II, Technician Anis Belhadj Mohamed, Technician MaryKate Black, Technician Craig L. Robertson, Firefighter/Medic Andrew C. Johnson, Firefighter Jose Calderon, Jr., Firefighter Robert E. Hunt, Firefighter Jamie D. Little, Firefighter Carlton L. Yancey.

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