

THREE to SUCCEED

The Fairfax County Youth Survey shows that children and teens with **three or more** protective factors are more likely to:

Manage stress

Make better choices

Develop healthy habits

The many factors that help children and teens succeed include:

-  **Having parents or guardians who are available to help**
-  **Participating in after-school activities**
-  **Having adults in the community to talk to**
-  **Accepting responsibility for their actions**
-  **Having teachers who recognize and praise good effort**

Learn *all* of the factors that matter at [fairfaxcounty.gov/youthsurvey](https://www.fairfaxcounty.gov/youthsurvey).