



Fairfax County

Neighborhood & Community Services

www.fairfaxcounty.gov/neighborhood-community-services

Jim Scott Community Center

Address: 3001 Vaden Drive
Fairfax, VA 22031

Hours: Monday – Saturday, 9:00 a.m. to 10:00 p.m.

Phone: 703-865-0520, TTY 711

March/April/May 2024

IMPORTANT DATES / EVENTS

Title	When	Time	Description
GYM CLOSED	April 6 and 13	9 a.m. – 6 p.m.	The gymnasium will be closed due to Teen Basketball Intramural play offs and championship.
President’s Day	March 17-19	ALL DAY	We will be closed in observance of President’s Day
Spring Break	March 25-29	9 a.m. – 6 p.m.	SACC and Teen Camps will take place. Scheduling may be modified.
Mario Day	March 28	1 – 5 p.m.	Join us for our second annual Mario Day Event where we celebrate all things Mario! Open to youth and teens.
AARP Tax Aide	Ends April 13	Tuesday/Thursday and Saturday 9:30-1 p.m.	Please visit https://www.novataxaide.org to sign up for the Jim Scott (see Jim Scott) or find a location near you. Walk-in’s welcome.

SACC Teacher Workday/Holiday	April 1, 2 and 10 May 3	All Day	SACC will be in the facility all day 9 a.m. – 6 p.m. Schedule may be modified to accommodate all programs.
Gymnasium Closed	April 6 & 13	9 a.m. – 5 p.m.	Gymnasium will be closed due to NCS Intramural Basketball play off's and championship games.
Pawvidence Pet Event	May 18	11–4pm	Join us for the third annual Pawvidence Pet event. Bring out your furry friends for a day of fun and enjoy a free photobooth, pupp-iccinos, prize giveaways and more.
MEMORIAL DAY CLOSED	May 25-27	All Day	We will be closed for the Memorial Day Holiday.
Fitness Classes End	May 31		Classes will return in the fall.

CENTER PROGRAMS

Title	When	Time	Description
SACC After-School Program	Monday – Friday	7-8:45 a.m. and 4-6 p.m.	Before and after school care for K-6th grade. Please call 703-449-8989 to register. SACC uses the gym, classrooms, computer lab, and the art room during their program time.
Teens in Action After- School Program	Monday - Friday	3-6 p.m.	<p>After-School activities and programs for teens in 7th - 12th grade to include an afternoon meal. The Teen program is designed to help teens build positive relationships, develop skills for good decision making, improve personal resiliency, participate in project-based learning (PBL) and social emotional learning (SEL) activities and projects, and most importantly, have fun!</p> <p>Teens will also participate in recreational games and activities for STEAM, homework help, cultural experiences, the arts, character development,</p>

			mentoring, fitness and nutrition, and leadership opportunities.
Senior Program	Monday - Friday	9-4 p.m.	Activities, socialization, and community outings for adults 50+. Please see senior calendar for a detailed schedule. Lunch and transportation are available upon request and may require a fee. Please see senior staff for more information.

FAMILY & YOUTH PROGRAMS

Title	When	Time	Description
Special Olympics Basketball Program	Mondays	6:15-7:15 p.m.	This program is for Older Teens and Adults with disabilities learning basketball skills, team sportsmanship, mentoring and more.
Intergenerational "Rook n Roll" Chess Club	Thursdays	6:30-9:30 p.m.	Friendly chess games; all levels welcome. Learn to play chess or test your skills against others. Children under 18 years of age must be accompanied by a parent.
Family Arts & Crafts	Tuesdays	6-7 p.m.	Families, please join us for a chance to explore your creativity and get to know other families in the community. This program is for parents/guardians and their children up to 6 th grade.
Family Gym Time	Wednesdays and Saturdays	Wednesdays 6:15-7:45 p.m. Saturdays 9:30-11:15 a.m.	Open gym time for families with children 11 years and under.
Teen Poetry Club	Thursdays	4-5 p.m.	Teen Poetry Club that focuses on poetry structure, creation of poetry and other literary arts and their performance such as spoken word and rap.
TEEN Late Night in the Zone	Fridays	6-7:30 p.m.	Are you looking for a safe place to hang with your friends and chill? Come to Jim Scott Community

			Center where you can play basketball, volleyball, soccer, video games, pool, ping pong, board games, and more!!
Family Ping Pong	Saturdays (Half Gym)	9:30-11:15 a.m.	Open play for families with children 11 years and under . Parents/Guardians must stay with their children at all times.
<u>SENSORY ROOM</u>			
Title	When	Time	Description
1 on 1 Sessions	Monday - Friday	By appointment	Therapeutic sessions for individuals with physical, intellectual, and developmental disabilities utilizing elements of the Sensory Room to achieve specific and desired goals.
SPARC Your Senses	Monday, Wednesday, Friday	1 - 2 p.m.	Members of the SPARC Program participate in various sensory activities ranging from relaxation, reminiscing, cognition, and stimulation.
Sensational Explorers (ITC Program)	Tuesdays	10:30 - 11:15 a.m.	This program is coordinated with Fairfax County Infant and Toddler Connection and registration is done through ITC. Kids 0-3 years of age explore and experience various sensory elements all within a social environment.
Sensory Magic with SACC	Wednesdays	4:45 - 5:45 p.m.	SACC participants engage in various sensory activities ranging from education, stimulation, relaxation, creative movement and music. (Kids under 12 not allowed in the facility during SACC hours unless enrolled in SACC.)

Senior Sensory Exploration	Thursdays	12:45 - 1:45 p.m.	Come reduce your stress by enjoying music in a vibroacoustic chair, massage pad, or sound shell chair. Attendance is based on first come first served. No more than five people at a time.
Teen Poetry Club	Thursdays	4 - 5 p.m.	Poetry Club for teens that focuses on poetry structure, creation of poetry, other literary arts, and performance such as spoken word and rap.
Friday Sensations 1	Fridays	9:15 - 10 a.m.	Inclusive program is designed for children 7-18 months old. Little ones explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.
Friday Sensations 2	Fridays	10:15 - 11 a.m.	Inclusive program is designed for children for 1 – 2 years old. Sensory seekers explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.
Friday Sensations 3	Fridays	11:30 a.m. - 12:15 p.m.	Inclusive program is designed for children for 2 - 3 years old. Sensory seekers explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.
Saturday Sensations 1	Saturdays	9:15 - 10 a.m.	Inclusive program is designed for children for 1 - 2 years old. Sensory seekers explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.

Saturday Sensations 2	Saturdays	10:15 - 11 a.m.	Inclusive program is designed for children for 2 - 3 years old. Sensory seekers explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.
Saturday Sensations 3	Saturdays	11:30 a.m. - 12:15 p.m.	Inclusive program is designed for children for 3 - 5 years old. Sensory seekers explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.
Saturday Sensations 4	Saturdays	12:30 - 1:15 p.m.	Inclusive program is designed for children for 5-6 years old. Sensory seekers explore different sights, sounds, textures, and movement. This program also serves as a great way to meet other families. Registration for this program is required.
<u>COMPUTER LAB</u>			
Title	When	Time	Description
Adults & Seniors Open Lab	Monday – Friday	9 a.m.-3 p.m.	Computer Lab open for Adults and Seniors. Printing is limited to 5 pages per day.
Teen After-School Program	Tuesday & Thursday	3-6 p.m.	Computer Lab utilized for the Teen program only.
SACC After-School Program	Monday/Wednesday/ Friday	3-6 p.m.	Computer Lab utilized for the SACC program only.

Intergenerational Lab Time	Monday - Friday	6-7:45 p.m.	Computer Lab can be utilized for participants of all ages. Teens must be accompanied by a staff member.
Teen Poetry Club	Tuesdays	4-5 p.m.	<p>Jim Scott's Teen Poetry Club - A world where words dance, emotions unfurl, and creativity knows no bounds. A haven for young wordsmiths to share their innermost thoughts and dreams through the art of poetry. Whether you're a seasoned poet or just beginning to explore the magic of verse, this club is a space to express, connect, and inspire. Join us as we gather weekly to explore themes, experiment with styles, and celebrate the power of language. Discover the beauty of self-expression as we weave emotions into stanzas and stories, forging friendships and fostering a lifelong love for the written word.</p>
Jim Scott Lego Club	Wednesday	6-7 p.m.	<p>Calling all young builders and dreamers! Unleash your creativity brick by brick in our Youth LEGO Club. Dive into a world where imagination knows no limits and engineering meets endless possibilities. Whether you're a master builder or just starting to stack your bricks, this club is your portal to constructing wonders and sharing your unique designs. Come build with us, where every creation is a testament to the power of youthful ingenuity!</p> <p>*Grades K - 7th. Children must be registered to attend. Must be accompanied with a parent/guardian.</p>

FITNESS CLASSES

Title	When	Time	Description
S.A.I.L. Program (Senior Program)	Monday and Wednesday Starts March 11	10:15-11:15 a.m.	<p><i>Must be registered and take assessment</i></p> <p>Stay Active for Independent Living (SAIL) is a strength, balance and fitness program for adults 55 and older. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chance of falling. The entire curriculum of activities in the SAIL program can help improve strength and balance, if done regularly. This meets for 12 weeks. This program is free. You must register and attend all sessions.</p>
Ballroom Dancing (Senior Program)	Tuesday Starts March 12	1-3 p.m.	<p>Learn Basic Ballroom dancing techniques. Bring a partner or find a partner in class.</p> <p><i>Must be registered. For Senior Program members only</i></p>
Senior Program-Line Dancing 1	Wednesday	12-1 p.m.	<p>This class is intended for people with some prior line dancing experience, including familiarity with basic steps or step combinations and comfort making turns. Students will enhance their dance skills and continue developing footwork and posture. Dances include cha-cha, tango, waltz, rumba, mambo, etc, using internationally famous music/songs. Choreography in this level is designed for beginners or high beginners. \$10.00 per session.</p> <p><i>Must be registered. For Senior Program members only</i></p>

Senior Program- Line Dancing 2	Wednesday Gym	1:15-2:15 p.m.	This class is for people who wish to further advance their line dance skills with more variety or more complicated movements and step combinations. Choreography in this class is designed for high beginner to intermediate level. \$10.00 per session. <i>Must be registered. For Senior Program members only</i>
Chair Yoga w/Ania-Senior Program	Thursday Sensory Room	9:45-10:45 a.m.	Want to try yoga but find getting to the floor a challenge? Come explore your mind-body connection with the support of a chair. No experience, flexibility, or fitness level required. This is a gentle approach to stretching, building strength, maintaining alertness, and improving balance. Please wear clothing that is comfortable and does not restrict your movement. <i>Must be registered. For Senior Program members only</i>
Tai Chi 1	Thursday Gym	12:15-1:15 p.m.	Gentle low impact mind and body exercise through Chi Gong and then instructions of Yang style Tai chi 8 form and the first half of the 24 form. Focus will be on fundamentals including relaxation, posture, Tai Chi Walk, basic movements and balance. <i>Must be registered. For 18+ members</i>
Tai Chi 2	Friday Gym	9:15-10:15 a.m.	Participants should be familiar with the Tai Chi 1 class contents and basics Tai Chi movements. Class will start with Chi Gong and tai Chi 8 form warmups then the Yan style Tai Chi 25 complete form instructions. <i>Must be registered. For 18+ members</i>

Zumba	Friday Gym	10:30 -11:30 a.m.	Free, Drop in class. Open to adults and seniors: Zumba involves dance and aerobic elements. The choreograph incorporates hip-hop, soca, samba, salsa, merengue and other Latin dances. Adult 18+ This class is on going and does not follow the class sessions.
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GYMNASIUM

Activity	When	Time	Description
SACC Program	Monday	7-8:30 a.m.	Open gym for School Aged Children in the SACC program before school.
Senior Program: SAIL Program	Monday Starts March 11	10:15-11:30 a.m.	<i>Must be registered and take assessment.</i> Stay Active for Independent Living (SAIL) is a strength, balance and fitness program for adults 55 and older. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chance of falling. The entire curriculum of activities in the SAIL program can help improve strength and balance, if done regularly. This meets for 12 weeks. This program is free. You must register and attend all sessions.
Senior Basketball 50+	Monday	12-2 p.m.	Open basketball play for ages 50+ only. Participants do not need to be part of the Senior Program.
Teens in Action After School Program	Monday (Half Gym from 5-6 p.m.)	3-6 p.m.	Open gym for teens 12 – 18 years old in 7 th – 12 th grade.

SACC After School Program	Monday (Half Gym)	5-6 p.m.	Open gym for School Aged Children in the SACC program.
Special Olympics Basketball Program	Monday	6:15-7:15 p.m.	Special Olympics Basketball Program. Must get in contact with the coach before beginning this program.
Adult Ping Pong	Monday (Half Gym)	7:45-9:30 p.m.	Open play for adults ages 18+ who are out of HS.
Adult Badminton	Monday (Half Gym)	7:45-9:30 p.m.	Open play for adults ages 18+ who are out of HS.
SACC Program	Tuesday	7- 8:30 a.m.	Open gym for School Aged Children in the SACC program before school.
Senior Program: Pickleball	Tuesday (Half gym)	9:30-11:30 a.m.	Open play for senior program members only.
Senior Program: Table Tennis	Tuesday (Half gym)	9:30-11:30 a.m.	Open play for senior program members only.
Ballroom Dancing: Senior Program *New	Tuesday Starts March 12	1-3 p.m.	Learn Basic Ballroom dancing techniques. Bring a partner or find a partner in class. <i>Must be registered. For Senior Program members only</i>
Teens in Action After School Program	Tuesday (Half Gym from 5-6 p.m.)	3:15-6 p.m.	Open gym for teens 12 – 18 years old in 7 th – 12 th grade. Teen Volleyball 4-5 p.m.
SACC After School Program	Tuesday (Half Gym)	5-6 p.m.	Open gym for School Aged Children in the SACC program.

Wheelchair Rugby Practice and Scrimmages	Tuesday	6:30-9:30 p.m.	Join the Medstar Wheelchair Rugby program for adults ages 18+ who are out of HS . If interested, please join a practice and speak to the Wheelchair Rugby Coach.
SACC Program	Wednesday	7-8:30 a.m.	Open gym for School Aged Children in the SACC program before school.
Senior Program: SAIL Program	Wednesday Starts March 12	10:15-11:30 a.m.	<i>Must be registered and take assessment.</i> Stay Active for Independent Living (SAIL) is a strength, balance and fitness program for adults 55 and older. Performing exercises that improve strength, balance and fitness are the single most important activity that adults can do to stay active and reduce their chance of falling. The entire curriculum of activities in the SAIL program can help improve strength and balance, if done regularly. This meets for 12 weeks. This program is free. You must register and attend all sessions.
Senior Program-Line Dancing 1	Wednesday	12-1 p.m.	This class is intended for people with some prior line dancing experience, including familiarity with basic steps or step combinations and comfort making turns. Students will enhance their dance skills and continue developing footwork and posture. Dances include cha-cha, tango, waltz, rumba, mambo, etc., using internationally famous music/songs. Choreography in this level is designed for beginners or high beginners. \$10.00 per session. <i>Must be registered. For Senior Program members only</i>
Senior Program- Line Dancing 2	Wednesday Gym	1:15-2:15 p.m.	This class is for people who wish to further advance their line dance skills with more variety or more complicated movements and step combinations. Choreography in this class is designed for high beginner to intermediate level. \$10.00 per session. <i>Must be registered. For Senior Program members only</i>

Teens in Action After School Program	Wednesday (Half Gym from 5-6 p.m.)	3-6 p.m.	Open gym for teens 12 – 18 years old in 7 th – 12 th grade.
SACC After School Program	Wednesday (Half Gym)	5-6 p.m.	Open gym for School Aged Children in the SACC program.
Adult Badminton	Wednesday (Half Gym)	6:15-7:30 p.m.	Open play for adults ages 18+ who are out of HS.
Family Gym Time	Wednesday (Half Gym)	6:15-7:45 p.m.	Open gym time for families with children 11 years and under.
Adult Pickleball	Wednesday	8-9:30 p.m.	Open play for adults ages 18+ who are out of HS.
SACC Program	Thursday	7-8:30 a.m.	Open gym for School Aged Children in the SACC program before school.
Senior Basketball 50+	Thursday	10-12 p.m.	Open basketball play for ages 50+ only. Participants do not need to be part of the Senior Program.
Tai Chi 1	Thursday	12:15-1:15 p.m.	Gentle low impact mind and body exercise through Chi Gong and then instructions of Yang style Tai chi 8 form and the first half of the 24 form. Focus will be on fundamentals including relaxation, posture, Tai Chi Walk, basic movements and balance. <i>Must be registered. For 18+ members</i>
Senior Program: Badminton	Thursday	1:30-3 p.m.	Open pickleball play for members of the senior program only.
Teens in Action After School Program	Thursday (Half Gym from 5-6pm)	3:15-6 p.m.	Open gym for teens 12 – 18 years old in 7 th – 12 th grade.

SACC After School Program	Thursday (Half Gym)	5-6 p.m.	Open gym for School Aged Children in the SACC program.
Teen Intramural Basketball	Thursday (Full Gym)	6:15-7:45 p.m.	Intramural basketball player. This is for 7-12th graders <u>NOT</u> on their school basketball team.
Adult Basketball	Thursday	8-9:45 p.m.	Open play for adults ages 18+ who are out of HS.
SACC Program	Friday	7-8:30 a.m.	Open gym for School Aged Children in the SACC program before school.
Tai Chi 2	Friday	9:15-10:15 a.m.	Participants should be familiar with the Tai Chi 1 class contents and basics Tai Chi movements. Class will start with Chi Gong and tai Chi 8 form warmups then the Yan style Tai Chi 25 complete form instructions. <i>Must register for class</i>
Zumba	Friday Gym	10:30 -11:30 a.m.	Free, Drop in class. Open to adults and seniors: Zumba involves dance and aerobic elements. The choreograph incorporates hip-hop, soca, samba, salsa, merengue and other Latin dances. Adult 18+
Senior Program: Pickleball	Friday	1-3 p.m.	Open pickleball play for senior program members only.
Teens in Action After School Program	Friday (Half Gym from 5-6pm)	3:15-6 p.m.	Open gym for teens 12 – 18 years old in 7 th – 12 th grade.
SACC After School Program	Friday (Half Gym)	5-6 p.m.	Open gym for School Aged Children in the SACC program.

TEEN Late Night in the Zone	Friday	6-7:30 p.m.	Are you looking for a safe place to hang with your friends and chill? Come to Jim Scott Community Center where you can play basketball, volleyball, soccer, video games, pool, ping pong, board games, and more!!
Adult Volleyball	Friday	8-9:30 p.m.	Open play for adults ages 18+ who are out of HS.
Family Ping Pong	Saturday (Half Gym)	9:30-11:15 a.m.	Open play for families with children 11 years and under. Parents/Guardians must stay with their children at all times.
Family Gym Time	Saturday (Half Gym)	9:30-11:15 a.m.	Open gym for families with children 11 years and under. Parents/Guardians must stay with their children at all times.
Adult Pickleball	Saturday	11:45 a.m.-1:30 p.m.	Open play for adults ages 18+ who are out of HS.
Adult Badminton	Saturday	2-3:45 p.m.	Open play for adults ages 18+ who are out of HS.
Teen Open Basketball	Saturday	4-5:45 p.m.	Open gym for teens 12-18 years old in 7 th - 12 th grade.
Adult Basketball	Saturday	6-7:30 p.m.	Open play for adults ages 18+ who are out of HS.
Adult Volleyball	Saturday	8-9:30 p.m.	Open play for adults ages 18+ who are out of HS.

COMMUNITY MEETINGS / RENTALS

Title	When	Time	Description
<p>Facility Building Usage and Rentals <i>(Please check with Jim Scott Community Center for more details)</i></p>	<p>Monday - Friday</p> <p>Saturdays</p>	<p>6:30-9:30 p.m.</p> <p>9:30 a.m.-9:30 p.m.</p>	<p>Guidelines:</p> <ul style="list-style-type: none">• Applications must be submitted 4 weeks prior to the requested date.• Applications will be processed within one week after submission.• Payment must be made on the day of the reservation date.• Payments are made to DNCS – Jim Scott CC by cash, check or money order.• All rentals are limited to a maximum of 4 hours which includes set up and clean up.• All rentals are for one room only, and the capacity for the rooms are 40 people.• Applicants must be 18 years or older and must be a Fairfax County Resident.• Tables and chairs will be provided based on the number requested.• Rental Room must be re-arranged in the same way it was found before the event.• Absolutely NO Alcohol or Tobacco permitted on the premises (inside or outside).