

2022 CASOA 50+ Community Survey Results - Fairfax County and the Cities of Fairfax and Falls Church by Age and Gender

▼ and ▲ indicates >10% change from 2019

Responses by Age & Gender										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Number of Responses	2022	2,919	947	1,184	549	238		1506	1374	4
Percentage			32%	41%	19%	8%		52%	47%	0.1%
Number of Responses	2019	4777	1950	1449	899	376		2490	2133	3
Percentage				41%	30%	19%	8%		54%	56%

* Denotes a low number of respondents

Overall Community Quality

Place to Live and Retire

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Your community as a place to live	2022	92%	91%	93%	90%	93%		92%	91%	*
	2019	91%	91%	90%	94%	93%		91%	92%	*
Your neighborhood as a place to live (New question in 2022)	2022	91%	90%	90%	93%	93%		90%	92%	*
	2019
Your community as a place to retire	2022	53%	▲ 49%	46%	64%	73%		53%	51%	*
	2019	49%	39%	48%	61%	72%		47%	51%	*
The overall quality of life in your community (New question in 2022)	2022	86%	86%	85%	88%	89%		87%	85%	*
	2019
Your overall quality of life	2022	90%	90%	90%	90%	86%		91%	88%	*
	2019	85%	85%	84%	90%	83%		85%	86%	*

Recommend and Remain in Community

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Recommend living in your community to older adults	2022	64%	63%	59%	73%	79%		63%	66%	*
	2019	65%	58%	62%	77%	86%		63%	68%	*
Remain in your community throughout your retirement	2022	59%	50%	53%	76%	88%		60%	59%	*
	2019	62%	47%	61%	85%	91%		63%	61%	*

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Mobility										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Overall quality of the transportation system (auto, bicycle, foot, bus) in your community (New question in 2022)	2022	67%	68%	66%	68%	72%		67%	68%	*
	2019
Ease of travel by public transportation in your community	2022	44%	44%	43%	43%	48%		42%	45%	*
	2019	44%	45%	43%	45%	39%		43%	45%	*
Ease of travel by car in your community	2022	▲ 80%	▲ 81%	▲ 76%	▲ 82%	▲ 86%		▲ 80%	▲ 79%	*
	2019	47%	44%	46%	52%	55%		47%	48%	*
Ease of walking in your community	2022	▲ 66%	▲ 64%	▲ 63%	▲ 70%	▲ 76%		▲ 65%	▲ 67%	*
	2019	43%	39%	45%	46%	50%		41%	45%	*
Ease of bicycling in your community (New question in 2022)	2022	55%	56%	52%	59%	69%		53%	58%	*
	2019
Ease of getting to the places you usually have to visit	2022	▲ 79%	▲ 78%	▲ 78%	▲ 82%	▲ 82%		▲ 78%	▲ 80%	*
	2019	57%	53%	56%	65%	64%		55%	59%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Having safe and affordable transportation available	2022	35%	30%	35%	▲ 37%	45%		33%	▲ 36%	*
	2019	27%	25%	28%	26%	40%		27%	26%	*
No longer being able to drive	2022	14%	12%	11%	16%	35%		14%	14%	*
	2019	13%	10%	11%	14%	32%		13%	12%	*

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Employment and Finances

Employment

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
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Percentage that rated the following as excellent or good:

Opportunities to build work skills (New question in 2022)	2022	54%	57%	52%	55%	49%		53%	55%	*
	2019
Quality of employment opportunities for older adults (New question in 2022)	2022	38%	44%	36%	29%	41%		36%	40%	*
	2019
Variety of employment opportunities for older adults (New question in 2022)	2022	35%	42%	34%	26%	34%		32%	38%	*
	2019

Percentage that rated the characteristic as minor problem, moderate problem or major problem.

Finding work in retirement	2022	35%	34%	36%	▲ 35%	25%		32%	37%	*
	2019	31%	31%	37%	23%	23%		27%	35%	*
Building skills for paid or unpaid work	2022	37%	36%	38%	▲ 35%	29%		31%	▲ 42%	*
	2019	29%	31%	33%	21%	24%		28%	30%	*

Finances

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
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Percentage that rated the following as excellent or good:

Overall economic health of your community (New question in 2022)	2022	88%	86%	87%	91%	90%		86%	90%	*
	2019
Cost of living in your community	2022	16%	15%	12%	23%	28%		14%	16%	*
	2019	13%	10%	12%	18%	19%		12%	13%	*

Percentage that rated the characteristic as very positive or somewhat positive.

What impact, if any, do you think the economy will have on your family income in the next 6 months? (New question in 2022)	2022	15%	17%	13%	15%	17%		17%	15%	*
	2019

Percentage that rated the characteristic as minor problem, moderate problem or major problem.

Having enough money to meet daily expenses	2022	31%	29%	35%	30%	26%		33%	30%	*
	2019	30%	34%	30%	23%	27%		30%	30%	*
Having enough money to pay your property taxes	2022	35%	34%	39%	30%	27%		33%	37%	*
	2019	31%	34%	31%	26%	24%		30%	31%	*

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Equity and Inclusivity

Community Inclusivity

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
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Percentage that rated the following as excellent or good:

Sense of community in your community	2022	61%	59%	▲ 60%	65%	68%		▲ 64%	59%	*
	2019	52%	50%	50%	58%	59%		51%	53%	*
Making all residents feel welcome (New question in 2022)	2022	61%	63%	58%	64%	68%		60%	62%	*
	2019
Neighborliness of your community	2022	60%	60%	59%	60%	61%		58%	61%	*
	2019	52%	51%	50%	56%	61%		51%	55%	*

Percentage that rated the characteristic as minor problem, moderate problem or major problem.

Having friends or family you can rely on	2022	29%	29%	32%	29%	21%		29%	30%	*
	2019	30%	32%	31%	27%	27%		29%	32%	*
Feeling lonely or isolated	2022	33%	35%	33%	35%	31%		35%	32%	*
	2019	31%	31%	32%	27%	35%		33%	28%	*
Feeling like you don't fit in or belong (New question in 2022)	2022	28%	28%	30%	25%	22%		28%	27%	*
	2019

Equity

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
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Percentage that rated the following as excellent or good:

Openness and acceptance of the community towards older residents of diverse backgrounds	2022	64%	63%	62%	▲ 66%	72%		63%	65%	*
	2019	58%	59%	56%	55%	64%		55%	62%	*
Valuing older residents in your community	2022	54%	56%	49%	56%	65%		52%	56%	*
	2019	54%	53%	50%	58%	65%		51%	58%	*

Percentage that rated the characteristic as minor problem, moderate problem or major problem.

Being treated unfairly or discriminated against because of your age	2022	22%	17%	25%	20%	17%		21%	22%	*
	2019	27%	26%	30%	21%	25%		27%	26%	*

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Health and Wellness

Health Care

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
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Percentage that rated the following as excellent or good:

Availability of affordable quality physical health care	2022	52%	50%	49%	58%	58%		53%	52%	*
	2019	57%	54%	55%	63%	62%		54%	61%	*
Availability of preventive health services (e.g., health screenings, flu shots, educational workshops)	2022	71%	71%	69%	72%	71%		68%	73%	*
	2019	72%	72%	71%	75%	74%		70%	75%	*

Percentage that rated the characteristic as minor problem, moderate problem or major problem.

Finding affordable health insurance	2022	34%	34%	39%	29%	22%		31%	38%	*
	2019	33%	35%	39%	20%	24%		32%	33%	*
Getting the health care you need	2022	30%	32%	31%	25%	27%		26%	33%	*
	2019	26%	28%	29%	19%	18%		26%	26%	*
Getting the oral health care you need	2022	26%	26%	28%	26%	24%		23%	29%	*
	2019	21%	20%	23%	19%	26%		21%	21%	*
Getting the vision care you need	2022	24%	25%	25%	23%	22%		21%	27%	*
	2019	20%	21%	21%	15%	23%		19%	22%	*
Affording the medications you need	2022	28%	26%	31%	26%	27%		26%	30%	*
	2019	26%	28%	26%	22%	20%		25%	26%	*

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Independent Living										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Availability of long-term care options	2022	40%	39%	35%	45%	51%		36%	43%	*
	2019	44%	40%	42%	51%	51%		40%	49%	*
Availability of daytime care options for older adults	2022	▼ 32%	32%	▼ 28%	▼ 35%	45%		▼ 29%	▼ 36%	*
	2019	43%	39%	44%	48%	42%		40%	46%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Performing regular activities, including walking, eating and preparing meals	2022	22%	18%	21%	25%	38%		22%	22%	*
	2019	23%	19%	25%	24%	41%		23%	23%	*
Percentage responded 1-2 days, 3-5 days or 6 or more days per year.										
In a long-term care facility (including nursing home or in-patient rehabilitation facility)	2022	2%	1%	2%	6%	9%		2%	1%	*
	2019	1%	0%	1%	3%	7%		1%	1%	*
Percentage responded 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours per week.										
Receiving assistance, paid or unpaid (e.g., with shopping, cooking, etc.)	2022	9%	7%	7%	10%	23%		11%	6%	*
	2019

Mental Health										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Your overall mental health/emotional wellbeing	2022	89%	89%	90%	90%	89%		89%	90%	*
	2019	89%	88%	89%	93%	91%		90%	89%	*
Availability of affordable quality mental health care	2022	38%	35%	37%	41%	46%		34%	42%	*
	2019	45%	43%	46%	49%	43%		41%	51%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Experiencing confusion or forgetfulness	2022	25%	22%	22%	29%	45%		23%	27%	*
	2019	24%	21%	23%	27%	39%		22%	26%	*
Feeling depressed	2022	38%	37%	38%	37%	35%		39%	36%	*
	2019	33%	34%	32%	31%	36%		35%	30%	*
Dealing with the loss of a close family member or friend	2022	37%	38%	36%	39%	42%		39%	35%	*
	2019	32%	31%	34%	30%	41%		35%	30%	*

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Physical Health										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Overall quality of natural environment in your community	2022	82%	82%	79%	85%	85%		82%	82%	*
	2019
Overall health and wellness opportunities in your community	2022	79%	79%	76%	83%	82%		79%	79%	*
	2019
Your overall physical health	2022	85%	89%	85%	80%	77%		86%	84%	*
	2019	83%	86%	81%	81%	74%		83%	83%	*
Availability of affordable quality food	2022	▼56%	▼48%	▼55%	66%	68%		55%	▼57%	*
	2019	67%	64%	66%	74%	75%		64%	71%	*
Fitness opportunities (including exercise classes and paths or trails, etc.)	2022	▼70%	▼73%	▼67%	▼73%	▼68%		▼70%	▼71%	*
	2019	85%	83%	86%	87%	84%		85%	84%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Your physical health	2022	45%	42%	42%	54%	64%		44%	48%	*
	2019	50%	44%	51%	56%	62%		49%	50%	*
Falling or injuring yourself in your home	2022	23%	16%	21%	▲32%	44%		21%	25%	*
	2019	17%	12%	16%	20%	36%		17%	17%	*
Staying physically fit	2022	47%	44%	46%	50%	62%		47%	48%	*
	2019	51%	49%	50%	52%	62%		51%	50%	*
Maintaining a healthy diet	2022	39%	42%	39%	36%	34%		36%	42%	*
	2019	42%	44%	42%	38%	37%		41%	43%	*
Having enough food to eat	2022	12%	12%	13%	12%	9%		12%	12%	*
	2019	10%	11%	11%	8%	11%		11%	9%	*
Percentage responded 1-2 days, 3-5 days or 6 or more days in the past 12 months.										
How many days have you spent as a patient in a hospital	2022	15%	12%	14%	19%	26%		14%	16%	*
	2019	16%	13%	15%	21%	29%		15%	18%	*
Percentage responded 1 to 2 times, 3 to 5 times or more than 5 times in the past 12 months.										
Thinking back over the past 12 months, how many times have you fallen and injured yourself?	2022	24%	16%	24%	31%	38%		24%	24%	*
	2019	25%	21%	26%	28%	39%		28%	23%	*

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Safety										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way

Percentage that rated the following as excellent or good:

Overall feeling of safety in your community	2022	85%	▲ 86%	85%	88%	84%		83%	89%	*
	2019	77%	75%	76%	81%	78%		74%	80%	*

Percentage that rated the characteristic as minor problem, moderate problem or major problem over the past 12 months.

Being a victim of crime	2022	14%	13%	15%	12%	14%		12%	16%	*
	2019	11%	13%	10%	6%	11%		10%	12%	*
Being a victim of fraud or a scam	2022	20%	18%	20%	24%	23%		18%	23%	*
	2019	18%	18%	18%	17%	22%		16%	21%	*
Being physically or emotionally abused	2022	8%	10%	9%	7%	7%		7%	10%	*
	2019	9%	10%	9%	5%	7%		9%	8%	*

Information and Assistance

Quality of Older Adult Services										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way

Percentage that rated the following as excellent or good:

How would you rate the overall services provided to older adults in your community?	2022	63%	67%	59%	62%	67%		61%	65%	*
	2019	62%	59%	59%	69%	73%		60%	65%	*

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Information on Available Older Adult Services										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage responded very informed or somewhat informed.										
In general, how informed or uninformed do you feel about services and activities available to older adults in your community?	2022	52%	45%	49%	64%	64%		52%	51%	*
	2019	49%	40%	50%	61%	69%		49%	50%	*
Percentage that rated the following as excellent or good:										
Availability of information about resources for older adults	2022	▼37%	40%	▼31%	▼42%	▼46%		38%	▼37%	*
	2019	50%	45%	48%	57%	56%		46%	53%	*
Availability of financial or legal planning services	2022	▼45%	48%	▼42%	▼47%	47%		▼41%	▼49%	*
	2019	57%	57%	56%	61%	52%		52%	63%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Having adequate information on dealing with public programs such as Social Security, Medicare, and Medicaid	2022	▲51%	▲49%	56%	▲45%	▲46%		49%	▲53%	*
	2019	39%	38%	48%	31%	32%		41%	36%	*
Not knowing what services are available to older adults in your community	2022	65%	60%	69%	65%	62%		62%	▲69%	*
	2019	61%	59%	66%	57%	60%		61%	59%	*
Percentage responded several times a day, once a day or a few times a week.										
Access the internet from your home using a computer, laptop, or tablet computer (New question in 2022)	2022	96%	100%	97%	94%	84%		96%	97%	*
	2019
Access the internet from your cell phone (New question in 2022)	2022	90%	95%	95%	82%	56%		90%	90%	*
	2019
Visit social media sites such as Facebook, Twitter, Next door, etc. (New question in 2022)	2022	69%	79%	68%	63%	51%		73%	65%	*
	2019
Use or check email (New question in 2022)	2022	97%	99%	98%	96%	86%		97%	98%	*
	2019
Share your opinions online (New question in 2022)	2022	26%	28%	23%	28%	24%		23%	29%	*
	2019
Shop online (New question in 2022)	2022	47%	62%	47%	39%	25%		46%	49%	*
	2019

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Productive Activities

Caregiving

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Feeling PHYSICALLY burdened by providing care for another person	2022	22%	21%	25%	16%	22%		22%	23%	*
	2019	24%	25%	27%	19%	26%		24%	25%	*
Feeling EMOTIONALLY burdened by providing care for another person	2022	29%	31%	32%	20%	23%		29%	29%	*
	2019	30%	33%	31%	22%	25%		31%	28%	*
Feeling FINANCALLY burdened by providing care for another person	2022	21%	23%	23%	12%	18%		18%	24%	*
	2019	27%	30%	27%	18%	21%		26%	27%	*
Percentage responded 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours per week during a typical week.										
Providing care to someone age 55+	2022	35%	37%	38%	▼26%	▼27%		35%	34%	*
	2019	40%	39%	42%	38%	41%		43%	36%	*
Providing care to someone age 18 to 54	2022	23%	35%	23%	10%	▼7%		23%	23%	*
	2019	30%	38%	27%	19%	18%		29%	30%	*
Providing care someone under age 18	2022	25%	40%	17%	20%	11%		24%	25%	*
	2019	29%	36%	24%	25%	14%		28%	30%	*

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Civic Engagement										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Residents' connection and engagement with their community (New question in 2022)	2022	59%	61%	56%	58%	61%		60%	57%	*
	2019
Opportunities participate in community matters	2022	63%	64%	▼ 60%	▼ 65%	67%		▼ 64%	62%	*
	2019	72%	69%	73%	77%	75%		74%	71%	*
Opportunities to volunteer	2022	▼ 73%	▼ 76%	▼ 70%	▼ 71%	▼ 79%		▼ 73%	▼ 73%	*
	2019	88%	87%	87%	89%	89%		88%	87%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Feeling like your voice is heard in the community	2022	▼ 38%	▼ 35%	▼ 41%	38%	▼ 33%		▼ 36%	▼ 39%	*
	2019	55%	55%	60%	46%	57%		54%	55%	*
Finding meaningful volunteer work	2022	28%	26%	29%	31%	▼ 26%		27%	27%	*
	2019	33%	34%	34%	27%	39%		32%	34%	*
Finding productive or meaningful activities to do	2022	31%	28%	31%	33%	38%		30%	31%	*
	2019	29%	27%	30%	30%	37%		29%	30%	*
Percentage responded "yes" in the past 12 months.										
Attended a local public meeting (of local elected officials like City Council or County Commissioners, advisory boards, town halls, HOA, neighborhood watch, etc.)	2022	20%	20%	19%	24%	15%		18%	23%	*
	2019	24%	23%	23%	29%	23%		24%	25%	*
Watched (online or on television) a local public meeting	2022	31%	▲ 34%	30%	31%	29%		30%	32%	*
	2019	26%	23%	28%	28%	30%		26%	25%	*
Voted in your most recent local election	2022	88%	85%	89%	92%	84%		87%	88%	*
	2019	85%	83%	84%	88%	89%		85%	84%	*
Participated in a civic group (including Elks, Kiwanis, Masons, etc.)	2022	11%	9%	13%	11%	13%		9%	14%	*
	2019	9%	7%	9%	11%	11%		8%	10%	*
Percentage responded 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours per week during a typical week.										
Volunteering your time	2022	▲ 49%	▲ 49%	▲ 52%	▲ 48%	35%		▲ 49%	▲ 49%	*
	2019	33%	34%	32%	35%	30%		36%	30%	*

2022 CASOA 50+ Community Survey Results - Fairfax County and the Cities of Fairfax and Falls Church by Age and Gender

▼ and ▲ indicates >10% change from 2019

Social Engagement										
	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Percentage that rated the following as excellent or good:										
Overall quality of parks and recreation opportunities (New question in 2022)	2022	82%	83%	80%	86%	79%		82%	82%	*
	2019
Overall opportunities for education, culture, and the arts (New question in 2022)	2022	79%	80%	78%	81%	82%		80%	79%	*
	2019
Recreation opportunities (including games, arts, library services, etc.)	2022	▼ 68%	▼ 69%	▼ 67%	▼ 69%	▼ 69%		▼ 67%	▼ 69%	*
	2019	86%	85%	88%	88%	83%		87%	85%	*
Opportunities to enroll in skill-building or personal enrichment classes	2022	▼ 62%	▼ 61%	▼ 63%	▼ 62%	▼ 60%		▼ 61%	▼ 63%	*
	2019	82%	80%	85%	84%	81%		83%	81%	*
Opportunities to attend social events or activities	2022	▼ 60%	64%	▼ 58%	▼ 58%	▼ 61%		▼ 61%	▼ 59%	*
	2019	73%	71%	75%	77%	74%		72%	75%	*
Opportunities to attend religious or spiritual activities	2022	83%	83%	83%	84%	82%		85%	81%	*
	2019	86%	83%	88%	89%	88%		87%	86%	*
Percentage that rated the characteristic as minor problem, moderate problem or major problem.										
Feeling bored	2022	35%	31%	35%	40%	39%		34%	37%	*
	2019	38%	38%	41%	35%	39%		38%	38%	*
Having interesting recreational or cultural activities to attend	2022	37%	33%	38%	39%	44%		37%	37%	*
	2019	39%	41%	40%	35%	42%		39%	39%	*
Having interesting social events or activities to attend	2022	41%	37%	42%	46%	45%		40%	42%	*
	2019	44%	44%	45%	39%	49%		42%	45%	*
Percentage that responded "yes" in the past 12 months.										
Used a senior center in your community	2022	8%	4%	8%	12%	19%		8%	8%	*
	2019	10%	4%	8%	20%	23%		11%	8%	*
Used a public library in your community	2022	53%	56%	51%	53%	▼ 47%		55%	51%	*
	2019	60%	61%	58%	59%	60%		62%	58%	*
Used a recreation center in your community	2022	35%	40%	35%	31%	23%		32%	38%	*
	2019	36%	41%	34%	33%	28%		36%	36%	*
Participated in a recreation program or group activity	2022	▼ 30%	▼ 29%	▼ 31%	▼ 33%	▼ 28%		▼ 31%	▼ 29%	*
	2019	49%	49%	49%	50%	52%		50%	48%	*
Participated in religious or spiritual activities with others	2022	50%	49%	52%	▼ 47%	52%		▼ 49%	51%	*
	2019	57%	57%	56%	58%	58%		60%	54%	*
Participated in a club (including book, dance, game, and other social)	2022	31%	28%	31%	35%	35%		35%	27%	*
	2019	35%	33%	32%	40%	41%		39%	30%	*

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Percentage that responded 1 to 3 hours, 4 to 5 hours, 6 to 10 hours, 11 to 19 hours or 20 or more hours per week during a typical week.

	Year	Fairfax County	50-59	60-69	70-79	80+		Female	Male	Identify another way
Assisting friends, relatives, or neighbors	2022	▼68%	▼69%	▼71%	▼66%	▼52%		▼67%	70%	*
	2019	80%	80%	81%	81%	73%		82%	78%	*
Talking or visiting with friends/family	2022	95%	93%	95%	96%	95%		95%	94%	*
	2019	94%	94%	94%	93%	94%		95%	92%	*